## Weary Dunlop, Java

## **JULY 2024**



The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation

- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living making soups, baking, laundry, dishes
- Craft activities making cards, adult colouring, painting



M	Monday	<b>T</b> Tuesday	<b>W</b> Wednesday	<b>T</b> Thursday	<b>F</b> Friday	<b>S</b> Saturday	<b>S</b> Sunday
1		2	3	4	5	6	7
1:00	News & Views	1:00 News & Views	1:00 News & Views	12:00 NAIDOC Week (AU)	1:00 News & Views	1:00 News & Views	1:00 News & Views
2:00	Mind Benders - Jigsaw	1:30 Michael Entertains	2:00 Catholic Communion	1:00 News & Views	1:30 Out & About - Bus Ride to	2:00 Memory Lane - Discuss	2:00 Memory Lane - Sports,
	Puzzles	2:00 Happy Hour	2:00 Memory Lane - Jobs,	2:00 Make & Create - Painting	Parks	Modes of Transport	Favorite Games
	Triple A - Functional	3:00 Triple A - Functional	Family & Holidays	3:00 Sing-Along Golden	3:00 Sing-Along Golden Memories	3:00 Triple A - Functional	2:00 Sensational Senses
4:00	Active Games - Balloon Volley	<b>4:00</b> Engage Activities	<b>3:00</b> Triple A - Functional <b>4:00</b> Sing-Along Golden	Memories	<b>4:00</b> Active Games - Basketball	<b>4:00</b> Engage Activities	<b>4:00</b> Triple A - Functional
			Memories	<b>4:00</b> Triple A - Functional	on Wheels		
8		9	10	11	12	13	14
L: <b>00</b>	News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views
2:00	Mind Benders - Group	1:30 Steve Entertains	2:00 Catholic Communion	2:00 Make & Create - Painting	1:30 Out & About - Bus Ride to	2:00 Memory Lane - Jobs,	2:00 Memory Lane - Jobs,
	Crossword	2:00 Happy Hour	2:00 Memory Lane - Discuss	3:00 Sing-Along Golden	Parks	Family & Holidays	Family & Holidays
	Triple A - Functional	3:00 Triple A - Functional	College/School/Friends	Memories	<b>3:00</b> Sing-Along Golden Memories	<b>3:00</b> Men's Club - Pizza, Beer & Conversation	2:00 Sensational Senses
4:00	Active Games - Chair Ball	<b>4:00</b> Engage Activities	<b>3:00</b> Triple A - Functional <b>4:00</b> Sing-Along Golden	<b>4:00</b> Triple A - Functional	4:00 Active Games - Balloon	3:00 Triple A - Functional	<b>4:00</b> Triple A - Functional
			Memories		Volley	<b>4:00</b> Engage Activities	
L <b>5</b>		16	17	18	19	20	21
L: <b>00</b>	News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views
	Mind Benders - Quiz	1:30 Steph Entertains	2:00 Catholic Communion	2:00 Make & Create - Painting	1:30 Out & About - Bus Ride to	2:00 Memory Lane - Discuss	2:00 Memory Lane - Countri
	Triple A - Functional	2:00 Happy Hour	2:00 Memory Lane - Discuss	3:00 Sing-Along Golden Memories	Parks	College/School/Friends	Travelled and Yet to Travelled And Yet Travelled
4:00	Active Games - Indoor Quoits	3:00 Triple A - Functional	Modes of Transport  3:00 Triple A - Functional	4:00 Triple A - Functional	<b>3:00</b> Sing-Along Golden Memories	<ul><li>3:00 Triple A - Functional</li><li>4:00 Engage Activities</li></ul>	<b>4:00</b> Triple A - Functional
	Quoits	<b>4:00</b> Engage Activities	4:00 Sing-Along Golden Memories	4.00 Imple A Turictional	<b>4:00</b> Active Games - Indoor Quoits	4.00 Engage Activities	4.00 Inpic A Tunctional
22		23	24	25	26	27	28
1:00	News & Views	1:00 News & Views	1:00 News & Views	1:00 News & Views	12:00 Summer Olympics 👚	1:00 News & Views	1:00 News & Views
2:00	Mind Benders - Jigsaw	1:30 Susan Entertains	2:00 Catholic Communion	2:00 Make & Create - Painting	1:00 News & Views	2:00 Memory Lane - Flowers,	2:00 Memory Lane - Discuss
2.00	Puzzles Triple A Functional	2:00 Happy Hour	2:00 Memory Lane - Jobs,	3:00 Sing-Along Golden	1:30 Out & About - Bus Ride to	Trees & Fruits	Modes of Transport <b>2:00</b> Sensational Senses
	Triple A - Functional Active Games - Chair Ball	3:00 Triple A - Functional	Family & Holidays  3:00 Triple A - Functional	Memories 4:00 Triple A - Functional	Parks	<b>3:00</b> Men's Club - Pizza, Beer & Conversation	<b>4:00</b> Triple A - Functional
7.00	Active dames - Chair bail	<b>4:00</b> Engage Activities	4:00 Sing-Along Golden	4.00 Imple A - Functional	<b>3:00</b> Sing-Along Golden Memories	3:00 Triple A - Functional	4.00 Imple A - Functional
			Memories		<b>4:00</b> Active Games - Chair Ball	<b>4:00</b> Engage Activities	
29		30	31				
	News & Views	12:00 International Friendshi					
2:00	Mind Benders - Group	Day	2:00 Catholic Communion				
2.00	Jigsaw Puzzles	1:00 News & Views	2:00 Memory Lane - Discuss				
	Triple A - Functional Active Games - Basketball	1:30 Graeme Entertains 2:00 Happy Hour	Household Chores & Gardening				
7.00	on Wheels	3:00 Triple A - Functional	3:00 Triple A - Functional				
		4:00 Engage Activities	<b>4:00</b> Sing-Along Golden				
			Memories				