

OCTOBER 2024

03.10.24 07:13

Key

★ Special Event

■ Event requires RSVP
Advise your Activities Coordinator

+ Additional feature days

6 October: *International Grandparent's Day*



M Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
	1 10:45 News & Views 11:15 Triple A - Functional Fitness 2:00 Entertainer 3:00 Happy Hour	2 12:00 Sensational Senses - 10:45 News & Views 11:15 Triple A - Functional Fitness 1:00 Out & About 1:30 Musical Moments - Relaxing Sounds Of Nature 2:00 Make & Create - Spring Butterfly Homes	3 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Ladies Coffee Club 2:30 Making Memories - Memory Jars	4 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Musical Moments - Musical Instruments 2:00 Bingo 3:30 Hand & Nail Care	5 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Mind Benders - Simple Math Puzzles 2:00 Active Games - Ball In Basket 3:00 Memory Lane - Past Interests and Hobbies	6 Daylight Saving begins + 10:00 Songs of Praise 11:30 Triple A - Functional Fitness 1:30 Movie - Shirley Valentine 2:00 Sensational Senses - Ham & Salad Rolls 3:00 Devotions with Bill
7 10:45 News & Views 11:15 Triple A - Functional Fitness 11:45 Mind Benders - Classic Quiz Book 1 2:00 Bingo - With Bev 3:30 Documentary	8 10:45 News & Views 11:15 Triple A - Functional Fitness 2:00 Entertainer 3:00 Happy Hour	9 10:45 News & Views 11:15 Triple A - Functional Fitness 1:00 Out & About 1:30 Musical Moments - Relaxing Sounds Of Nature 2:00 Mak & Create - Card Craft	10 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Ladies Coffee Club 2:30 Board Games 3:00 Footy Tipping 3:30 Hand & Nail Care	11 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Musical Moments - Relaxing Sounds of Nature 2:00 Bingo 3:30 Hand & Nail Care 3:30 Musical Moments	12 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Mind Benders 2:00 Active Games 3:00 Memory Lane	13 10:00 Songs of Praise 11:30 Triple A - Functional Fitness 1:00 Movie 2:00 Sensational Senses 3:00 Devotions with Bill
14 10:45 News & Views 11:15 Triple A - Functional Fitness 11:45 Mind Benders - Classic Quiz Book 1 2:00 Bingo - With Bev 3:30 Documentary	15 10:45 News & Views 11:15 Triple A - Functional Fitness 2:00 Entertainer 3:00 Happy Hour	16 10:45 News & Views 11:15 Triple A - Functional Fitness 1:00 Out & About 1:30 Musical Moments - Relaxing Sounds Of Nature 2:00 Make & Create - Flower Baskets	17 12:00 Men's Club - 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Ladies Coffee Club 2:30 Board Games 3:00 Footy Tipping 3:30 Hand & Nail Care	18 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Musical Moments - Relaxing Sounds of Nature 2:00 Bingo 3:30 Hand & Nail Care 3:30 Musical Moments	19 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Mind Benders 2:00 Active Games 3:00 Memory Lane	20 10:00 Songs of Praise 11:30 Triple A - Functional Fitness 1:00 Movie 2:00 Sensational Senses 3:00 Devotions with Bill
21 10:45 News & Views 11:15 Triple A - Functional Fitness 11:45 Mind Benders - Classic Quiz Book 1 2:00 Bingo - With Bev 3:30 Documentary	22 10:45 News & Views 11:15 Triple A - Functional Fitness 2:00 Entertainer 3:00 Happy Hour	23 10:45 News & Views 11:15 Triple A - Functional Fitness 1:00 Out & About 1:30 Musical Moments - Relaxing Sounds Of Nature 2:00 Make & Create - Decoupage	24 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Ladies Coffee Club 2:30 Board Games 3:00 Footy Tipping 3:30 Hand & Nail Care	25 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Musical Moments - Relaxing Sounds of Nature 2:00 Bingo 3:30 Hand & Nail Care 3:30 Musical Moments	26 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Mind Benders 2:00 Active Games 3:00 Memory Lane	27 10:00 Songs of Praise 11:30 Triple A - Functional Fitness 1:00 Movie 2:00 Sensational Senses 3:00 Devotions with Bill
28 10:45 News & Views 11:15 Triple A - Functional Fitness 11:45 Mind Benders - Classic Quiz Book 1 2:00 Bingo - With Bev 3:30 Documentary	29 10:45 News & Views 11:15 Triple A - Functional Fitness 2:00 Entertainer 3:00 Happy Hour	30 10:45 News & Views 11:15 Triple A - Functional Fitness 1:00 Out & About 1:30 Musical Moments - Relaxing Sounds Of Nature 2:00 Make & Create - Wind Chimes	31 Halloween 10:45 News & Views 11:15 Triple A - Functional Fitness 1:30 Ladies Coffee Club 2:30 Board Games 3:00 Footy Tipping 3:30 Hand & Nail Care			