

OCTOBER 2024

# ACTIVITIES PROGRAMME

## Independent Residents

Weary Dunlop Village

Week One			
Tuesday 01 October			
09:30 am	Aqua Aerobics - with Miriam 🏲	Pool	
11:30 am	Pilates - with Bec 📮	Recreation Room	
01:00 pm	Out & About - Middle Brighton Baths 📮	Reception	
03:30 pm	Guest Speaker - Aret Muradyan	Village Lounge	
04:30 pm	Village Host - Club Bar	Village Bar	
Wednesda	y 02 October		
09:30 am	Triple A Circuit	Recreation Room	
09:30 am	Shopping Trip - Waverley Gardens 🖪	Reception	
10:30 am	Triple A Circuit	Recreation Room	
11:30 am	Triple A Functional - Seated Class	Recreation Room	
01:00 pm	Meditation with Anne	Movie Theatre	
03:00 pm	Entertainer - Steve Van	Village Centre	

Thursday 03 October		
08:30 am	Online Art Class	Virtual Events
09:00 am	Golf - Pitch & Putt	Waverley Pitch & Putt
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green
04:00 pm	Happy Hour	Village Bar
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

Friday 04 October		
09:30 am	Shopping Trip - Waverley Gardens 🟲	Reception
09:30 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Circuit	Recreation Room
11:30 am	Triple A Functional - Seated Class	Recreation Room
01:30 pm	Bingo - with Ron	Recreation Room
03:00 pm	Entertainer - Anita & Kim	Village Centre
03:00 pm	Table Tennis	Reception
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

Saturday 05 October		
10:30 am	Table Tennis for All	Recreation Room
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar
07:00 pm	Cards & Table Games	Village Centre

Sunday 06 October		
01:30 pm	Movie - Solace 📮	Movie Theatre
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

We	ek	Two

Monday 07 October		
09:30 am	Shopping Trip - Brandon Park 📮	Reception
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green
03:00 pm	Knitting Group	Village Lounge
04:00 pm	Singing Group	Movie Theatre
07:00 pm	Cards & Table Games	Village Centre

Tuesday 08 October		
09:30 am	Aqua Aerobics - with Miriam 🏲	Pool
11:30 am	Pilates - with Bec 🏲	Recreation Room
01:00 pm	Out & About - Garden World 🏲	Reception
04:30 pm	Village Host - Club Bar	Village Bar

Wednesday 09 October		
09:30 am	Triple A Circuit	Recreation Room
09:30 am	Shopping Trip - Waverley Gardens ▶	Reception
10:30 am	Triple A Circuit	Recreation Room
I I:30 am	Triple A Functional - Seated Class	Recreation Room
01:00 pm	Meditation-Sound Therapy with Nina	Movie Theatre
02:30 pm	Enhanced Activities Programme Focus Group	Village Lounge
03:00 pm	Entertainer - Michael Read	Village Centre

Thursday 10 October		
09:00 am	Golf - Pitch & Putt	Waverley Pitch & Putt
09:30 am	Independent Residents Meeting	Village Centre
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green
04:00 pm	Happy Hour	Village Bar
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

Friday II October		
09:30 am	Shopping Trip - Brandon Park 📮	Reception
09:30 am	Triple A Circuit	Recreation Room

10:30 am	Triple A Circuit	Recreation Room
11:30 am	Triple A Functional - Seated Class	Recreation Room
01:00 pm	Pop Up Shop - U& I Ladies Fashion Design	Village Centre
01:30 pm	Bingo - with Ron	Recreation Room
03:00 pm	Table Tennis	Reception
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

Saturday 12 October		
10:30 am	Table Tennis for All	Recreation Room
03:00 pm	Craft Group with Kristy 🏲	Recreation Room
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar
07:00 pm	Cards & Table Games	Village Centre

Sunday 13 October		
01:30 pm	Movie - Much Acho About Nothing 📮	Movie Theatre
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

#### Week Three

Monday 14 October		
09:30 am	Shopping Trip - Brandon Park 📮	Reception
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green
03:00 pm	Knitting Group	Village Lounge
04:00 pm	Singing Group	Movie Theatre
07:00 pm	Cards & Table Games	Village Centre

Tuesday 15 October		
09:30 am	Aqua Aerobics - with Miriam 🏲	Pool
11:30 am	Pilates - with Bec 📮	Recreation Room
01:00 pm	Out & About - Gracious Grace 🏲	Reception
04:30 pm	Village Host - Club Bar	Village Bar

Wednesday 16 October		
09:30 am	Tai Chi Class	Virtual Events
09:30 am	Triple A Circuit	Recreation Room
09:30 am	Shopping Trip - Waverley Gardens 🗖	Reception
10:30 am	Triple A Circuit	Recreation Room
11:30 am	Triple A Functional - Seated Class	Recreation Room
01:00 pm	Meditation with Anne	Movie Theatre

Thursday 17 October		
09:00 am	Golf - Pitch & Putt	Waverley Pitch & Putt
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar
04:30 pm	Happy Hour	Village Bar
06:00 pm	Fine Dining <b>\$55.00</b> ₱	Dining Room

Friday 18 October		
09:30 am	Shopping Trip - Stud Road Shopping Centre 🟲	Reception
09:30 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Circuit	Recreation Room
I I:30 am	Triple A Functional - Seated Class	Recreation Room
01:30 pm	Bingo - with Ron	Recreation Room
02:00 pm	Entertainer - Salvos Brass Band	Village Centre
03:00 pm	Table Tennis	Reception
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

Saturday 19 October		
10:30 am	Table Tennis for All	Recreation Room
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar
07:00 pm	Cards & Table Games	Village Centre

Sunday 20 October		
01:30 pm	Movie - The Lost King 🏲	Movie Theatre
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

Week Fo	Week Four		
Monday 21 October			
09:30 am	Shopping Trip - Brandon Park 🏴	Reception	
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green	
03:00 pm	Knitting Group	Village Lounge	
04:00 pm	Singing Group	Movie Theatre	
07:00 pm	Cards & Table Games	Village Centre	

#### Tuesday 22 October

09:30 am	Aqua Aerobics - with Miriam 📮	Pool
I I:30 am	Pilates - with Bec 🏲	Recreation Room
01:00 pm	Out & About - Rickets Point	Reception
04:30 pm	Village Host - Club Bar	Village Bar

Wednesday 23 October		
09:30 am	Triple A Circuit	Recreation Room
09:30 am	Shopping Trip - Waverley Gardens 🟲	Reception
10:30 am	Triple A Circuit	Recreation Room
11:30 am	Triple A Functional - Seated Class	Recreation Room
11:45 am	External Event - Menopause the Musical \$105.00	Reception
01:00 pm	Meditation-Sound Therapy with Nina ▶	Movie Theatre
03:00 pm	Entertainer - Ray Quan	Village Centre

Thursday 24 October			
09:00 am	Golf - Pitch & Putt	Waverley Pitch & Putt	
09:30 am	Mindfulness Workshop	Virtual Events	
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green	
04:00 pm	Happy Hour	Village Bar	
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar	

Friday 25 October			
09:30 am	Shopping Trip - Waverley Gardens 📮	Reception	
09:30 am	Triple A Circuit	Recreation Room	
10:30 am	Triple A Circuit	Recreation Room	
11:30 am	Triple A Functional - Seated Class	Recreation Room	
01:30 pm	Bingo - with Ron	Recreation Room	
03:00 pm	Entertainer - Steve Bell	Village Centre	
03:00 pm	Table Tennis	Reception	
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar	

Saturday 26 October			
10:30 am	Table Tennis for All	Recreation Room	
03:00 pm	Craft Group with Kristy 🟲	Recreation Room	
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar	
07:00 pm	Cards & Table Games	Village Centre	

### Sunday 27 October

01:30 pm	Movie - These Final Hours 🖪	Movie Theatre
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar

٦	A		_	_	ī		•_		
۸	VA	V	е	e	K	H	I١	ı	е

Monday 28 October			
09:30 am	Shopping Trip - Brandon Park 🏲	Reception	
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green	
02:00 pm	Residents' Birthday Celebration - By Invitation	Village Centre	
03:00 pm	Knitting Group	Village Lounge	
04:00 pm	Singing Group	Movie Theatre	
07:00 pm	Cards & Table Games	Village Centre	

Tuesday 29 October			
09:30 am	Aqua Aerobics - with Miriam 🏲	Pool	
I I:30 am	Pilates - with Bec 📮	Recreation Room	
01:00 pm	Out & About - Pioneer Park 📮	Reception	
04:30 pm	Village Host - Club Bar	Village Bar	

Wednesday 30 October				
09:30 am	Triple A Circuit	Recreation Room		
09:30 am	Shopping Trip - Waverley Gardens ▶	Reception		
10:30 am	Triple A Circuit	Recreation Room		
I I:30 am	Triple A Functional - Seated Class	Recreation Room		
01:00 pm	Meditation with Anne ▶	Movie Theatre		
03:00 pm	Entertainer - Col Perkins	Village Centre		

Thursday 31 October			
09:00 am	Golf - Pitch & Putt	Waverley Pitch & Putt	
10:30 am	Outdoor Bowls - Lawn Bowls for All	Bowling Green	
04:00 pm	Happy Hour	Village Bar	
04:00 pm	Village Host - Bar & Kitchen Open	Village Bar	

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.