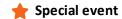
Nellie Melba, Mitchell

OCTOBER 2024



Additional feature days

6 October: International Grandparent's Day

- Active recreation croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation

• Walking group

The following activities are available in the mornings with the care companions on an ad hoc basis:

- Resident choir
- Reminiscing discussions
- Activities of daily living making soups, baking, laundry, dishes
- Craft activities making cards, adult colouring, painting



Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
	 1:00 Musical Engagement 1:30 News & Views 2:00 Grandparent's Day Cards/ Decoration Making 3:00 Pampering/One on One Activity 3:30 Triple A - Functional 	1:00 Armchair Travel Videos 1:30 News & Views 2:00 Village Walk/Gardening 3:30 Triple A - Functional	1:00 Musical Engagement 2:00 Entertainment Time 3:00 Happy Hour 3:30 Triple A - Functional	1:00 One on One Activity 1:30 World Animal Day Trivias 2:00 Chair Basketball 3:30 Triple A - Functional	 1:00 One on One Activity 1:30 Jokes, Riddles and Trivias 2:00 Garden Walk/Shopping Day 3:30 Triple A - Functional 	Daylight Saving begins 1:00 Musical Engagement 2:00 Church Time 2:00 Sounds and Scents 2:30 Bingo Day 3:30 Triple A - Functional
1:00 Greatest Hits of 50's to 80's 1:15 Memorable Moments 2:00 Bus Trip 3:30 Triple A - Functional	 1:00 Musical Engagement 1:30 News & Views 2:00 Breast Cancer Card Making 3:00 Pampering/One on One Activity 3:30 Triple A - Functional 	1:00 Armchair Travel Videos 1:30 News & Views 2:00 Village Walk/Gardening 3:00 Gentlemen's Club 3:30 Triple A - Functional	1:00 Musical Engagement 2:00 Entertainment Time 3:00 Happy Hour 3:30 Triple A - Functional	1:00 One on One Activity 1:30 News & Views 2:00 Soft Ball and Hoop Toss Game 3:30 Triple A - Functional	1:00 One on One Activity 1:30 Jokes, Riddles and Trivias 2:00 Garden Walk/Shopping Day 3:30 Triple A - Functional	13 1:00 Musical Engagement 2:00 Church Time 2:00 Hot Coco Day 2:30 Bingo Day 3:30 Triple A - Functional
1:00 Greatest Hits of 50's to 80's 1:15 Memorable Moments 2:00 Bus Trip 3:30 Triple A - Functional	1:00 Musical Engagement 1:30 News & Views 2:00 Breast Cancer Card Making 3:00 Pampering/One on One Activity 3:30 Triple A - Functional	1:00 Armchair Travel Videos 1:30 News & Views 2:00 Village Walk/Gardening 3:30 Triple A - Functional	1:00 Musical Engagement 2:00 Entertainment Time 3:00 Happy Hour 3:30 Triple A - Functional	1:00 One on One Activity 1:30 News & Views 2:00 Balloon Volleyball Game 3:30 Triple A - Functional	1:00 One on One Activity 1:30 Jokes, Riddles and Trivias 2:00 Garden Walk/Shopping Day 3:30 Triple A - Functional	 20 1:00 Musical Engagement 2:00 Church Time 2:00 Sounds and Scents 2:30 Bingo Day 3:30 Triple A - Functional
21 1:00 Greatest Hits of 50's to 80's 1:15 Memorable Moments 2:00 Bus Trip 3:30 Triple A - Functional	 1:00 Musical Engagement 1:30 News & Views 2:00 Flower Headband Making for Melbourne Cup 3:00 Pampering/One on One Activity 3:30 Triple A - Functional 	1:00 Armchair Travel Videos 1:30 News & Views 2:00 Village Walk/Gardening 3:00 Gentlemen's Club 3:30 Triple A - Functional	1:00 Musical Engagement 2:00 Entertainment Time 3:00 Happy Hour 3:30 Triple A - Functional	1:00 One on One Activity 1:30 News & Views 2:00 Quoits Game 3:30 Triple A - Functional	 26 1:00 One on One Activity 1:30 Jokes, Riddles and Trivias 2:00 Garden Walk/Shopping Day 3:30 Triple A - Functional 	1:00 Musical Engagement 2:00 Church Time 2:00 Nail Polish Activity 2:30 Bingo Day 3:30 Triple A - Functional
28 1:00 Greatest Hits of 50's to 80's 1:15 Memorable Moments 2:00 Bus Trip 3:30 Triple A - Functional	 1:00 Musical Engagement 1:30 News & Views 2:00 Flower Headband Making for Melbourne Cup 3:00 Pampering/One on One Activity 3:30 Triple A - Functional 	1:00 Armchair Travel Videos 1:30 News & Views 2:00 Village Walk/Gardening 3:30 Triple A - Functional	 31 Halloween 1:00 Musical Engagement 2:00 Entertainment Time 3:00 Halloween Themed Happy Hour 3:30 Triple A - Functional 			