

OCTOBER 2024

01.10.24 07:06

Key

★ Special Event

■ Event requires RSVP
Advise your Activities Coordinator

+ Additional feature days

6 October: *International Grandparent's Day*



M Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
	1 9:30 Garden Walk 10:30 News & Views 11:00 Triple A - Functional Fitness 2:00 Make & Create 3:00 Making Memories	2 9:30 Out & About 2:00 Happy Hour 3:00 Memory Lane 3:00 Musical Moments 3:00 Room Visits	3 8:45 Sensational Senses 9:30 Garden Walk 10:30 News & Views 10:45 Active Games 11:00 Triple A - Functional Fitness 1:30 Movie Club 2:00 Pampering Session	4 9:30 Garden Walk 10:00 Active Games - Target 10:30 News & Views 11:00 Triple A - Functional Fitness 11:30 Quiz & Trivia 2:00 Bingo 3:00 Sing-Along	5 10:30 News & Views 10:45 Triple A 1:00 Armchair Travel	6 Daylight Saving begins + 10:15 Church Service Gilda 10:30 News & Views 1:00 Documentary
7 10:00 Breast Cancer Awareness Day Program 10:30 News & Views 11:00 Tai Chi 2:00 Armchair Travel 3:30 Book Club	8 9:30 Garden Walk 10:30 News & Views 11:00 Triple A - Functional Fitness 2:00 Make & Create 3:00 Making Memories	9 9:30 Out & About 2:00 Happy Hour 3:00 Memory Lane 3:00 Musical Moments 3:00 Room Visits	10 8:45 Sensational Senses 9:30 Garden Walk 10:30 News & Views 10:45 Active Games 11:00 Triple A - Functional Fitness 1:30 Movie Club 2:00 Pampering Session	11 9:30 Garden Walk 10:00 Grand Parents Day Program 10:30 News & Views 11:00 Triple A - Functional Fitness 11:30 Quiz & Trivia 2:00 Bingo 3:00 Sing-Along	12 10:30 News & Views 10:45 Triple A 1:00 Musical Quiz	13 10:15 Church Service Gilda 10:30 News & Views 1:00 Ball Games
14 9:30 Garden Walk 9:45 Sensational Senses 10:30 Garden Club 10:30 News & Views 11:00 Tai Chi 2:00 Men's Club & Ladies Club 3:30 Book Club	15 9:30 Garden Walk 10:30 News & Views 11:00 Triple A - Functional Fitness 2:00 Make & Create 3:00 Church Service - 3:00 Making Memories	16 9:30 Out & About 2:00 Happy Hour 3:00 Memory Lane 3:00 Musical Moments 3:00 Room Visits	17 8:45 Sensational Senses 9:30 Garden Walk 10:30 News & Views 10:45 Active Games 11:00 Triple A - Functional Fitness 1:30 Movie Club 2:00 Pampering Session	18 9:30 Garden Walk 10:00 Primary Kids Visit 10:30 News & Views 11:00 Triple A - Functional Fitness 11:30 Quiz & Trivia 2:00 Bingo 3:00 Sing-Along	19 10:30 News & Views 10:45 Triple A 1:00 Headbandz Game	20 10:15 Church Service Gilda 10:30 News & Views 1:00 Bingo
21 9:30 Garden Walk 9:45 Sensational Senses 10:30 Garden Club 10:30 News & Views 11:00 Tai Chi 1:30 Monthly Birthday Celebration 2:00 Men's Club & Ladies Club 3:30 Book Club	22 9:30 Garden Walk 10:30 News & Views 11:00 Triple A - Functional Fitness 2:00 Make & Create 3:00 Making Memories	23 9:30 Out & About 2:00 Happy Hour 3:00 Church Service - 3:00 Memory Lane 3:00 Musical Moments 3:00 Room Visits	24 8:45 Sensational Senses 9:30 Garden Walk 10:30 News & Views 10:45 Active Games 11:00 Triple A - Functional Fitness 1:30 Movie Club 2:00 Pampering Session	25 9:30 Garden Walk 10:00 Primary Kids Visit 10:30 News & Views 11:00 Triple A - Functional Fitness 11:30 Quiz & Trivia 2:00 Bingo 3:00 Sing-Along	26 10:30 News & Views 10:45 Triple A 1:00 Make & Create Melbourne Cup	27 10:15 Church Service Gilda 10:30 News & Views 1:00 Target Games
28 9:30 Garden Walk 9:45 Sensational Senses 10:30 Garden Club 10:30 News & Views 11:00 Tai Chi 2:00 Men's Club & Ladies Club 3:30 Book Club	29 9:30 Garden Walk 10:30 News & Views 11:00 Triple A - Functional Fitness 2:00 Make & Create 3:00 Making Memories	30 9:30 Out & About 2:00 Happy Hour 3:00 Memory Lane 3:00 Musical Moments 3:00 Room Visits	31 Halloween 8:45 Sensational Senses 9:30 Garden Walk 10:30 News & Views 10:45 Active Games 11:00 Triple A - Functional Fitness 1:30 Movie Club 2:00 Pampering Session			