



OCTOBER 2024

# ACTIVITIES PROGRAMME

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## Independent Residents

Nellie Melba Village

## Week One

### Tuesday 01 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Learn A Language - French 🏠	Craft Room
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
12:30 pm	Out & About - Tour of The Parliament House 🏠	Reception
07:00 pm	Line Dancing	Village Lounge
07:00 pm	Cards - 500	IA Dining

### Wednesday 02 October

09:00 am	Men's Shed	Workshop
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
04:00 pm	Zumba Gold 🏠	Village Lounge
07:00 pm	Movie - The Iron Lady	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Village Lounge

### Thursday 03 October

08:30 am	Online Art Class	Virtual Events
09:30 am	Triple A Circuit	Village Lounge
10:30 am	New Residents Welcome	IA Dining
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
01:30 pm	Armchair Travel To New Zealand 🏠	Village Lounge
03:00 pm	Entertainer - Michael Reed	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

### Friday 04 October


09:30 am	Shopping Trip - Knox City 🏠	Reception
10:30 am	Bingo	SA Dining
10:45 am	Enhanced Activities Programme Focus Group 🏠	Movie Theatre
01:00 pm	Outdoor Bowls	Bowling Green
02:00 pm	Guest Speaker - Melbourne's Roaring Twenties 🏠	Village Lounge

KEY: 🏠 - Featured Event. \$ - Paid events. 🏠 - Need RSVP.

See the village copy of this month's Featured Events to find out more about the activities.

02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Village Host - Club Bar	Village Bar

## Saturday 05 October



11:00 am	Yoga 	Village Lounge
02:00 pm	Crosswords Club - Cryptic Crosswords	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill & Jan	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

## Sunday 06 October



02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
07:00 pm	Church Service - Combined Church Service	Village Lounge
07:00 pm	Line Dancing	To Be Notified


## Week Two

### Monday 07 October

09:30 am	Shopping Trip - Waverley Gardens 	Reception
09:30 am	Outdoor Bowls	Bowling Green
02:45 pm	Bingo	SA Dining
04:15 pm	Come Jam With Me - Drum Circle with Peter Vadeloo 	Activity Room
07:00 pm	Movie - Fresh Fields	Movie Theatre
07:00 pm	Mahjong	IA Dining

### Tuesday 08 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Out & About - Victorian Maritime Centre 	Reception
10:00 am	Booking Payments for October BBQ	Reception
10:00 am	Learn A Language - French 	Craft Room
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
07:00 pm	Line Dancing	Village Lounge
07:00 pm	Cards - 500	IA Dining

KEY:  - Featured Event.  - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.



## Wednesday 09 October

09:00 am	Men's Shed	Workshop
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Guest Speaker - Edwina from Bolton Clarke 	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
04:00 pm	Zumba Gold 	Village Lounge
07:00 pm	Movie - Second Best Exotic Marigold Hotel	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Village Lounge


## Thursday 10 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Booking Payments for The October BBQ	Reception
10:30 am	Wellbeing Session Meet Emmy Our Visiting Therapy Dog	Village Lounge
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
03:00 pm	Entertainer - Rasika	Village Lounge
04:00 pm	Happy Hour / Walking for Wellness - Village Celebration	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

## Friday 11 October

09:00 am	Shopping Trip - The Glen 	Reception
09:00 am	Walking Group - Vermont South to Glen Waverley Sports Hub 	Reception
09:30 am	Outdoor Bowls	Bowling Green
10:30 am	Bingo	SA Dining
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Singing Group - Video Music Sing-along	Village Lounge
04:00 pm	Village Host - Club Bar	Village Bar

## Saturday 12 October

08:30 am	External Event - Luxury Weekend Away on The Blues Train 	Brandon Park Shopping Centre
02:00 pm	Crosswords Club - Cryptic Crosswords	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre

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05:00 pm	Singing Group with Bill & Jan	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

## Sunday 13 October


02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
05:00 pm	Entertainer - Franciscus from John Flynn	Village Lounge
07:00 pm	Line Dancing	Village Lounge

## Week Three

### Monday 14 October

09:30 am	Shopping Trip - Waverley Gardens 	Reception
09:30 am	Outdoor Bowls	Bowling Green
11:00 am	Village Choir	Village Lounge
01:00 pm	Guest Speaker - Aidacare Healthcare Equipment	Village Lounge
01:30 pm	Literary Group 	Craft Room
02:45 pm	Bingo	SA Dining
04:00 pm	Meditation - Sound Meditation 	Movie Theatre
07:00 pm	Movie - Fresh Fields	Movie Theatre
07:00 pm	Mahjong	IA Dining

### Tuesday 15 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Booking Payments for October BBQ	Village Bar
10:00 am	Learn A Language - French 	Craft Room
10:30 am	Triple A Circuit	Village Lounge
10:45 am	Out & About - Alwyn Gardens (Wisteria Arch)	Reception
12:10 pm	Triple A Functional	Village Lounge
02:30 pm	Residents' Birthday Celebration 	Village Bar
07:00 pm	Line Dancing	Village Lounge
07:00 pm	Cards - 500	IA Dining

### Wednesday 16 October

09:00 am	Men's Shed	Workshop
09:30 am	Tai Chi Class	Virtual Events
10:00 am	Bingo	SA Dining
12:00 pm	External Event - Beauty & The Beast The Musical  \$110.00	Reception

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See the village copy of this months' Featured Events to find out more about the activities.

01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
03:00 pm	Entertainer - Ann & Kevin	Village Lounge
04:00 pm	Zumba Gold 	Village Lounge
07:00 pm	Movie - A Single Man	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Village Lounge


## Thursday 17 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Booking Payments for The October BBQ	Village Bar
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
03:00 pm	Entertainer - Dennis Rea	Village Lounge
04:00 pm	Happy Hour - Theme: Oktoberfest	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar
06:00 pm	Fine Dining - Oktoberfest	IA Dining

## Friday 18 October

09:30 am	Shopping Trip - Mt. Waverley 	Reception
09:30 am	Outdoor Bowls	Bowling Green
10:30 am	Bingo	SA Dining
01:30 pm	Paint & Sip With Karen Mecca 	Craft Room
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Village Host - Club Bar	Village Bar
06:00 pm	Fine Dining - Oktoberfest	IA Dining

## Saturday 19 October

11:00 am	Yoga 	Village Lounge
02:00 pm	Crosswords Club - Cryptic Crosswords	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill & Jan	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

## Sunday 20 October

02:00 pm	Bingo	SA Dining
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See the village copy of this month's Featured Events to find out more about the activities.




04:00 pm	Village Host - Club Bar	Village Bar
07:00 pm	Line Dancing	Village Lounge

## Week Four



### Monday 21 October

09:30 am	Shopping Trip - Waverley Gardens 	Reception
09:30 am	Outdoor Bowls	Bowling Green
02:45 pm	Bingo	SA Dining
07:00 pm	Movie - Fresh Fields	Movie Theatre
07:00 pm	Mahjong	IA Dining

### Tuesday 22 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Booking Payments for October BBQ	Village Bar
10:00 am	Learn A Language - French 	Craft Room
10:30 am	Triple A Circuit	Village Lounge
11:45 am	Lunch Club - Royal Ferntree Gully Hotel 	Reception
12:10 pm	Triple A Functional	Village Lounge
03:00 pm	Men's Club - Growing up in the 1950's & 60's 	Movie Theatre
07:00 pm	Line Dancing	Village Lounge
07:00 pm	Cards - 500	IA Dining

### Wednesday 23 October

09:00 am	Men's Shed	Workshop
10:00 am	Bingo	SA Dining
12:00 pm	External Event - Menopause The Musical <b>\$105.00</b> 	Reception
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
04:00 pm	Zumba Gold 	Village Lounge
07:00 pm	Movie - Boy Choir	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Village Lounge

### Thursday 24 October



09:30 am	Mindfulness Workshop	Virtual Events
09:30 am	Triple A Circuit	Village Lounge
10:30 am	Triple A Circuit	Village Lounge

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See the village copy of this months' Featured Events to find out more about the activities.

12:10 pm	Triple A Functional	Village Lounge
03:00 pm	Entertainer - Rob Foenander	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

## Friday 25 October

09:30 am	Shopping Trip - Forest Hill 	Reception
09:30 am	Outdoor Bowls	Bowling Green
10:30 am	Bingo	SA Dining
02:00 pm	Guest Speaker - Alice from Wicking University Tasmania 	Village Lounge
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Village Host - Club Bar	Village Bar

## Saturday 26 October



02:00 pm	Crosswords Club - Cryptic Crosswords	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill & Jan	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

## Sunday 27 October

02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
06:00 pm	Village BBQ	IA Dining
07:00 pm	Line Dancing	Village Lounge

## Week Five

### Monday 28 October



09:30 am	Shopping Trip - Waverley Gardens 	Reception
09:30 am	Outdoor Bowls	Bowling Green
11:00 am	Village Choir	Village Lounge
02:00 pm	Fashion Show By Cabella Mia	Village Lounge
02:45 pm	Bingo	SA Dining
04:00 pm	Meditation - Sound Meditation 	Movie Theatre
07:00 pm	Movie - Fresh Fields	Movie Theatre
07:00 pm	Mahjong	IA Dining

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See the village copy of this months' Featured Events to find out more about the activities.



## Tuesday 29 October

09:30 am	Triple A Circuit	Village Lounge
10:00 am	Out & About - Charlies Car Museum & Lunch (Men Only) 	Reception
10:00 am	Learn A Language - French 	Craft Room
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
07:00 pm	Line Dancing	Village Lounge
07:00 pm	Cards - 500	IA Dining

## Wednesday 30 October

09:00 am	Men's Shed	Workshop
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
03:30 pm	Travel Group - Presentation by Southern Star Tours	Village Lounge
04:00 pm	Zumba Gold 	Village Lounge
07:00 pm	Movie - The Painted Veil	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Village Lounge

## Thursday 31 October

09:30 am	Triple A Circuit	Village Lounge
10:30 am	Triple A Circuit	Village Lounge
12:10 pm	Triple A Functional	Village Lounge
03:00 pm	Entertainer - Steve Van	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

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