



JULY 2024

ACTIVITIES PROGRAMME

Independent Residents

Nellie Melba Village

Week One

Monday 01 July

09:30 am	Shopping Trip - Waverley Gardens 🏠	Reception
01:00 pm	Outdoor Bowls	Bowling Green
02:45 pm	Bingo	SA Dining
07:00 pm	Movie - The Pallisers (5 to 7)	Movie Theatre
07:00 pm	Mahjong	IA Dining
07:00 pm	Karaoke	Activity Room

Tuesday 02 July

09:30 am	Triple A Circuit	Activity Room
10:00 am	Learn A Language - French 🏠	Craft Room
10:30 am	Triple A Circuit	Activity Room
12:10 pm	Triple A Functional	Activity Room
01:00 pm	Out & About - Pharaoh Exhibition \$35.00 🏠	Reception
07:00 pm	Line Dancing	Activity Room
07:00 pm	Cards - 500	IA Dining

Wednesday 03 July




09:00 am	Table Tennis	Activity Room
09:30 am	Aqua Aerobics 🏠	Pool
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
02:30 pm	Art Class with Peter & Avril 🏠	Craft Room
04:00 pm	Zumba Gold 🏠	Activity Room
07:00 pm	Movie - The Great Escaper	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Activity Room

Thursday 04 July


09:30 am	Online Art Class	Virtual Events
09:30 am	Triple A Circuit	Activity Room
10:30 am	New Residents Welcome	IA Dining
10:30 am	Triple A Circuit	Activity Room
12:10 pm	Triple A Functional	Activity Room
01:30 pm	Armchair Travel From Broome to Darwin 🏠	Village Lounge

03:00 pm	Entertainer - Bill Pynman	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

Friday 05 July

09:30 am	Shopping Trip - Knox City 	Reception
10:00 am	Dancercise & Booster Walk 	Activity Room
10:30 am	Bingo	SA Dining
10:45 am	Enhanced Activities Programme Focus Group 	Movie Theatre
01:00 pm	Outdoor Bowls	Bowling Green
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Table Tennis	Activity Room
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Village Host - Club Bar	Village Bar

Saturday 06 July

09:30 am	Indoor Bowls	Activity Room
11:00 am	Tai Chi 	Activity Room
02:00 pm	Crosswords Club - Cryptic Crosswords	Activity Room
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill Leithhead	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

Sunday 07 July

10:00 am	Indoor Bowls	Activity Room
02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
07:00 pm	Line Dancing	Activity Room
07:00 pm	Church Service - Combined Church Service	Village Lounge

Week Two

Monday 08 July

09:00 am	Booking Payments for Fine Dining	Village Bar
09:30 am	Shopping Trip - Waverley Gardens 	Reception
11:00 am	Village Choir	Village Lounge
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Bookclub / Reading Circle	Craft Room

02:45 pm	Bingo	SA Dining
04:00 pm	Meditation - Sound Meditation 🏠	Movie Theatre
07:00 pm	Movie - The Pallisers (8 to 10)	Movie Theatre
07:00 pm	Mahjong	IA Dining
07:00 pm	Karaoke	Activity Room

Tuesday 09 July

09:30 am	Triple A Circuit	Activity Room
10:00 am	Learn A Language - French 🏠	Craft Room
10:30 am	Triple A Circuit	Activity Room
12:10 pm	Triple A Functional	Activity Room
07:00 pm	Line Dancing	Activity Room
07:00 pm	Cards - 500	IA Dining




Wednesday 10 July

09:00 am	Table Tennis	Activity Room
09:30 am	Aqua Aerobics 🏠	Pool
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
02:30 pm	Art Class with Peter & Avril 🏠	Craft Room
04:00 pm	Zumba Gold 🏠	Activity Room
07:00 pm	Movie - Educating Rita	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Activity Room


Thursday 11 July

08:30 am	Out & About - Coombe Cottage Tour with Morning Tea \$75.00 🏠	Reception
09:30 am	Triple A Circuit	Activity Room
10:30 am	Wellbeing Session - Meet Emmy Our Visiting Therapy Dog 🏠	Village Lounge
10:30 am	Triple A Circuit	Activity Room
12:10 pm	Triple A Functional	Activity Room
03:00 pm	Entertainer - Dennis Rea	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

Friday 12 July

09:00 am	Walking Group - Abby Walk Vermont 	Reception
09:30 am	Shopping Trip - The Glen 	Reception
10:00 am	Dancercise & Booster Walk 	Activity Room
10:30 am	Bingo	SA Dining
01:00 pm	Village Fair	Village Lounge
01:00 pm	Outdoor Bowls	Bowling Green
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Table Tennis	Activity Room
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Village Host - Club Bar	Village Bar

Saturday 13 July



09:30 am	Indoor Bowls	Activity Room
11:00 am	Yoga 	Activity Room
02:00 pm	Crosswords Club - Cryptic Crosswords	Activity Room
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill Leithhead	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

Sunday 14 July





10:00 am	Indoor Bowls	Activity Room
02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
05:00 pm	Entertainer - Franciscus from John Flynn	Village Lounge
07:00 pm	Line Dancing	Activity Room

Week Three

Monday 15 July

09:30 am	Shopping Trip - Waverley Gardens 	Reception
01:00 pm	Outdoor Bowls	Bowling Green
02:45 pm	Bingo	SA Dining
04:15 pm	Come Jam With Me - Drum Circle with Peter Vadiveloo 	Activity Room
07:00 pm	Movie - The Pallisers (11 to 13)	Movie Theatre
07:00 pm	Mahjong	IA Dining
07:00 pm	Karaoke	Activity Room

Tuesday 16 July

09:30 am	Triple A Circuit	Activity Room
10:00 am	Learn A Language - French 	Craft Room
10:30 am	Triple A Circuit	Activity Room
11:30 am	Out & About - DFO Essendon 	Reception
12:10 pm	Triple A Functional	Activity Room
01:30 pm	Men's Club / Guest Speaker - Gerry Thornewell 	Movie Theatre
02:30 pm	Residents' Birthday Celebration 	Village Bar
07:00 pm	Line Dancing	Activity Room
07:00 pm	Cards - 500	IA Dining

Wednesday 17 July

09:00 am	Table Tennis	Activity Room
09:30 am	Tai Chi	Virtual Events
09:30 am	Aqua Aerobics 	Pool
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
02:30 pm	Art Class with Peter & Avril 	Craft Room
03:00 pm	Entertainer - Ann & Kevin	Village Lounge
04:00 pm	Zumba Gold 	Activity Room
07:00 pm	Movie - The Dry	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Activity Room

Thursday 18 July

09:30 am	Triple A Circuit	Activity Room
10:30 am	Triple A Circuit	Activity Room
12:10 pm	Triple A Functional	Activity Room
03:00 pm	Entertainer - Gavin	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar
06:00 pm	Fine Dining - Christmas in July	IA Dining

Friday 19 July

09:30 am	Shopping Trip - Mt. Waverley 	Reception
10:00 am	Dancercise & Booster Walk 	Activity Room

10:30 am	Bingo	SA Dining
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Paint & Sip with Karen Mecca 🏠	Craft Room
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Table Tennis	Activity Room
02:00 pm	Bible Studies	Reflection Room
04:00 pm	Village Host - Club Bar	Village Bar
06:00 pm	Fine Dining - Christmas in July	IA Dining

Saturday 20 July

09:30 am	Indoor Bowls	Activity Room
11:00 am	Tai Chi 🏠	Activity Room
02:00 pm	Crosswords Club - Cryptic Crosswords	Activity Room
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill Leithhead	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

Sunday 21 July

10:00 am	Indoor Bowls	Activity Room
02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
05:00 pm	Karaoke Sunday	Village Lounge
07:00 pm	Line Dancing	Activity Room

Week Four

Monday 22 July

09:30 am	Shopping Trip - Waverley Gardens 🏠	Reception
11:00 am	Village Choir	Village Lounge
01:00 pm	Outdoor Bowls	Bowling Green
02:00 pm	Village Anniversary Celebration 🏠	Village Lounge
02:45 pm	Bingo	SA Dining
04:00 pm	Meditation - Sound Meditation 🏠	Movie Theatre
07:00 pm	Movie - The Pallisers (14 to 17)	Movie Theatre
07:00 pm	Mahjong	IA Dining
07:00 pm	Karaoke	Activity Room

Tuesday 23 July

09:30 am	Triple A Circuit	Activity Room
10:00 am	Learn A Language - French 🏠	Craft Room
10:30 am	Triple A Circuit	Activity Room
12:10 pm	Triple A Functional	Activity Room
01:00 pm	Out & About - Tour of the Moorabbin Air Museum \$25.00 🏠	Reception
07:00 pm	Line Dancing	Activity Room
07:00 pm	Cards - 500	IA Dining

Wednesday 24 July

09:00 am	Table Tennis	Activity Room
09:30 am	Aqua Aerobics 🏠	Pool
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
02:30 pm	Art Class with Peter & Avril 🏠	Craft Room
04:00 pm	Zumba Gold 🏠	Activity Room
07:00 pm	Movie - Saving Mr. Banks	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Activity Room

Thursday 25 July


09:30 am	Triple A Circuit - Olympic Themed	Activity Room
10:30 am	Triple A Circuit - Olympic Themed	Activity Room
12:10 pm	Triple A Functional - Olympic Themed	Activity Room
01:30 pm	Independent Residents Meeting	Village Lounge
03:00 pm	Entertainer - Steve Van	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Club Bar	Village Bar

Friday 26 July

09:30 am	Shopping Trip - Fountain Gate Shopping Centre 🏠	Reception
10:00 am	Dancercise & Booster Walk 🏠	Activity Room
10:30 am	Bingo	SA Dining
01:00 pm	Outdoor Bowls	Bowling Green
02:00 pm	Cards & Table Games - Cards Hands & Foot	IA Dining
02:00 pm	Table Tennis	Activity Room
02:00 pm	Bible Studies	Reflection Room

04:00 pm	Village Host - Club Bar	Village Bar
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Saturday 27 July


09:30 am	Indoor Bowls	Activity Room
11:00 am	Yoga 	Activity Room
02:00 pm	Crosswords Club - Cryptic Crosswords	Activity Room
04:00 pm	Village Host - Club Bar	Village Bar
04:00 pm	Pool/ Snooker	Village Centre
05:00 pm	Singing Group with Bill Leithhead	Village Lounge
07:00 pm	Cards & Table Games	IA Dining

Sunday 28 July



10:00 am	Indoor Bowls	Activity Room
02:00 pm	Bingo	SA Dining
04:00 pm	Village Host - Club Bar	Village Bar
06:00 pm	Village BBQ	IA Dining
07:00 pm	Line Dancing	Activity Room

Week Five

Monday 29 July

09:30 am	Shopping Trip - Waverley Gardens 	Reception
01:00 pm	Outdoor Bowls	Bowling Green
02:45 pm	Bingo	SA Dining
07:00 pm	Movie - The Pallisers (18 to 20)	Movie Theatre
07:00 pm	Mahjong	IA Dining
07:00 pm	Karaoke	Activity Room

Tuesday 30 July

09:30 am	Triple A Circuit	Activity Room
10:00 am	Learn A Language - French 	Craft Room
10:30 am	Triple A Circuit	Activity Room
11:30 am	Lunch Club - Stella's Kitchen 	Reception
12:10 pm	Triple A Functional	Activity Room
07:00 pm	Line Dancing	Activity Room
07:00 pm	Cards - 500	IA Dining

Wednesday 31 July

09:00 am	Table Tennis	Activity Room
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09:30 am	Aqua Aerobics 🏊	Pool
10:00 am	Bingo	SA Dining
01:00 pm	Knitting Group	Village Lounge
02:00 pm	Quiz	SA Dining
02:30 pm	Cards & Table Games - Crazy Whist	IA Dining
02:30 pm	Art Class with Peter & Avril 🎨	Craft Room
04:00 pm	Zumba Gold 🏊	Activity Room
07:00 pm	Movie - The Kings Man	Movie Theatre
07:00 pm	Rummikub	IA Dining
07:30 pm	Tai Chi & Qigong Exercises	Activity Room

KEY: 🏊 - Featured Event. \$ - Paid events. 🎨 - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.