

SEPTEMBER 2024



The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation - croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living - making soups, baking, laundry, dishes
- Craft activities - making cards, adult colouring, painting

★ Special event

+ Additional feature days

30.08.24 06:33

M Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
30 10:30 Lounge Carer Activities 1:00 Out & About - Luna Park & St Kilda Foreshore 3:00 Musical Moments - Swinging 60s 3:30 Triple A - Functional Fitness						1 Father's Day 10:30 Lounge Carer Activities 1:30 Church Service - Online 2:30 Father's Day - Happy Hour & Raffle ★ 3:30 Triple A - Functional Fitness
2 10:30 Lounge Carer Activities 1:00 Out & About - Albert Park Lake/Formula 1 T 3:00 Musical Moments - Acoustic Guitar 3:30 Triple A - Functional Fitness	3 10:30 Lounge Carer Activities 1:30 Mind Benders - Puzzles and Quizzes 2:30 Outdoor Village Walk 3:30 Triple A - Functional Fitness	4 10:30 Lounge Carer Activities 1:30 Musical Moments 2:30 Make & Create 3:30 Triple A - Functional Fitness	5 10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Memory Lane 2:30 Happy Hour 3:30 Triple A - Functional Fitness	6 10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness	7 10:30 Lounge Carer Activities 1:30 Mind Benders - Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness	8 10:30 Lounge Carer Activities 1:30 Church Service - Online 2:30 Spiritual, Cultural & Wellbeing - Horoscopes & Oils 3:00 Active Games - Target Throwing 3:30 Triple A - Functional
9 10:30 Lounge Carer Activities 1:00 Out & About - Silvan Dam 3:00 Musical Moments - The 80s 3:30 Triple A - Functional Fitness	10 10:30 Lounge Carer Activities 1:30 Sensational Senses - Making Nachos 2:45 Making Memories - The Phar Lap Story 3:30 Triple A - Functional Fitness	11 10:30 Lounge Carer Activities 12:00 Ryman's 40th Birthday ★ Long Lunch 1:30 Musical Moments 2:30 Make & Create 3:30 Triple A - Functional Fitness	12 10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Memory Lane 2:30 Happy Hour 3:30 Triple A - Functional Fitness	13 10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness	14 10:30 Lounge Carer Activities 1:30 Mind Benders - Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness	15 10:30 Lounge Carer Activities 1:30 Church Service - Online 2:30 Spiritual, Cultural & Wellbeing - Horoscopes & Oils 3:00 Active Games - Quoits 3:30 Triple A - Functional Fitness
16 10:30 Lounge Carer Activities 1:00 Out & About - Frankston by the Bay 3:00 Musical Moments - Old Time Favorites 3:30 Triple A - Functional Fitness	17 Patient Safety Day 10:30 Lounge Carer Activities 1:30 Mind Benders - Puzzles and Quizzes 2:00 Outdoor Village Walk 2:30 Triple A - Functional Fitness 3:00 Entertainer - Gavin - Pianist/Singer	18 10:30 Lounge Carer Activities 1:30 Musical Moments 2:30 Make & Create 3:30 Triple A - Functional Fitness	19 10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Memory Lane 2:30 Happy Hour 3:30 Triple A - Functional Fitness	20 10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness	21 World Alzheimer's Day 10:30 Lounge Carer Activities 1:30 Mind Benders - Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness	22 10:30 Lounge Carer Activities 1:30 Church Service - Online 2:30 Spiritual, Cultural & Wellbeing - Horoscopes & Oils 3:00 Active Games - Balloon Tennis 3:30 Triple A - Functional
23 10:30 Lounge Carer Activities 1:00 Out & About - Warrandyte/Yarra River 3:00 Musical Moments - 70s Road Trip 3:30 Triple A - Functional Fitness	24 10:30 Lounge Carer Activities 1:30 Sensational Senses - Chocolate Fountain Fondue 2:30 Mind Benders - Bingo 3:30 Triple A - Functional Fitness	25 10:30 Lounge Carer Activities 1:30 Musical Moments 2:30 Make & Create 3:30 Triple A - Functional Fitness	26 10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Memory Lane 2:30 Happy Hour 2:30 Monthly Resident Birthday Celebration ★ 3:30 Triple A - Functional Fitness	27 10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness	28 AFL Grand Final 10:30 Lounge Carer Activities 1:30 Mind Benders - Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness	29 10:30 Lounge Carer Activities 1:30 Church Service - Online 2:30 Spiritual, Cultural & Wellbeing - Horoscopes & Oils 3:00 Active Games - Ten Pin Bowling 3:30 Triple A - Functional