John Flynn, Garrett

JULY 2024



The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation

- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living making soups, baking, laundry, dishes
- Craft activities making cards, adult colouring, painting



M onday	Tuesday	W Wednesday	Thursday	F Friday	S Saturday	S Sunday
.0:30 Lounge Carer Activities .:30 Out & About - City Dive ::30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Puzzles and Quizzes 2:30 Outdoor Village Walk 3:30 Triple A - Functional Fitness	 10:30 Lounge Carer Activities 1:30 Entertainer - Brian Sprague 2:30 Make & Create - Paint Paper Olympic Rings 3:30 Triple A - Functional Fitness 	 10:30 Lounge Carer Activities 1:30 Making Memories - Sing a long 1:30 Memory Lane - Olympic games and events 2:30 Happy Hour 3:30 Triple A - Functional Fitness 	 10:30 Lounge Carer Activities 1:30 Musical Moments - Dance moments 2:30 Sensational Senses - Cooking 3:30 Triple A - Functional Fitness 	 10:30 Lounge Carer Activities 1:30 Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness 	7 10:30 Lounge Carer Activities 1:30 Church Service - Online 3:30 Triple A - Functional Fitness
 0:30 Lounge Carer Activities :30 Out & About - Dandenong Ranges Botanic Garden :30 Triple A - Functional Fitness 	 10:30 Lounge Carer Activities 1:30 Sensational Senses - Make pancake 3:30 Triple A - Functional Fitness 	10:30 Lounge Carer Activities 1:30 Musical Moments 2:30 Make & Create - Paint Paper Olympic Rings 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Puppets Alive 2:30 Happy Hour 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Church Service - Online 3:30 Triple A - Functional Fitness
 0:30 Lounge Carer Activities :30 Out & About - Frankston Beach :30 Triple A - Functional Fitness 	 10:30 Lounge Carer Activities 1:30 Puzzles and Quizzes 2:30 Outdoor Village Walk 3:30 Triple A - Functional Fitness 	 10:30 Lounge Carer Activities 1:30 Entertainer - Peter Vernable 2:30 Make & Create 3:30 Triple A - Functional Fitness 	10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Memory Lane 2:30 Happy Hour 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness	 10:30 Lounge Carer Activities 1:30 Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness 	10:30 Lounge Carer Activities 1:30 Church Service - Online 3:30 Triple A - Functional Fitness
0:30 Lounge Carer Activities :30 Out & About - Ringwood Lake Park :30 Triple A - Functional Fitness	 10:30 Lounge Carer Activities 1:30 Entertainment - Gavin 2:30 Sensational Senses - Make Sandwiches 3:30 Triple A - Functional Fitness 	10:30 Lounge Carer Activities 1:30 Musical Moments 2:30 Make & Create 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Making Memories 1:30 Memory Lane 2:30 Happy Hour 2:30 Monthly Resident Birthday Celebration 3:30 Triple A - Functional Fitness	 10:30 Lounge Carer Activities 1:30 Men's Club - Snakes and Ladders/Table Games 3:30 Triple A - Functional Fitness 	10:30 Lounge Carer Activities 1:30 Bingo 2:30 Memory Lane - Reminiscing 3:30 Triple A - Functional Fitness	10:30 Lounge Carer Activities 1:30 Church Service - Online 3:30 Triple A - Functional Fitness
9 0:30 Lounge Carer Activities :30 Out & About - Puffing Billy Railway :30 Triple A - Functional Fitness	 10:30 Lounge Carer Activities 1:30 Entertainment - Gavin 2:30 Puzzles and Quizzes 3:30 Triple A - Functional Fitness 	 31 10:30 Lounge Carer Activities 1:30 Musical Moments 2:30 Make & Create 3:30 Triple A - Functional Fitness 				