



SEPTEMBER 2024


ACTIVITIES PROGRAMME

Independent Residents

John Flynn Village





Week One

Sunday 01 September


01:30 pm	Movie - Fathers' Day 	Movie Theatre
04:00 pm	Village Host	Village Bar
05:00 pm	Darts	Billiards Room

Week Two

Monday 02 September

09:30 am	Mens Shed	Mens Shed
10:00 am	Shopping Trip - Burwood One 	Reception
10:00 am	Body Balance - Maz's Balance Class	Recreation Room
12:30 pm	Fathers Day - BBQ Lunch \$20.00 	Village Lawn
01:30 pm	Rummikub	Village Lounge
02:00 pm	Movie - Opera, La Cenerentola by Gioacchino Rossini 	Movie Theatre
03:00 pm	Entertainer - Kev Jones, singer & guitarist	Village Lounge
05:15 pm	Meditation 	Movie Theatre
06:30 pm	Bingo	Village Lounge

Tuesday 03 September

12:00 pm	Out & About - Jonka Street Restaurant \$36.00 	Reception
02:00 pm	Pilates Seated/Standing 	Recreation Room
03:00 pm	Pilates - Mat 	Recreation Room
03:00 pm	Craft Group	Craft Room
03:30 pm	Quiz - Brain Games	Village Lounge
04:00 pm	Pool/ Snooker - Kelly Pool	Billiards Room
04:30 pm	Come Dance with Me 	Recreation Room
07:30 pm	Singing Group	Recreation Room

Wednesday 04 September

08:30 am	Walking Group 	Old Burwood Road Gate
09:30 am	Shopping Trip - Forest Hill 	Reception
10:15 am	Triple A Circuit	Recreation Room
11:15 am	Triple A Functional	Recreation Room
01:30 pm	Craft Group	Craft Room
02:00 pm	Aqua Aerobics 	Pool
02:00 pm	Village Choir 	Recreation Room
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

03:00 pm	Bingo	Village Lounge
06:30 pm	Movie - Mrs. Doubtfire 🚩	Movie Theatre

Thursday 05 September

09:30 am	Online Art Class	Virtual Events
10:30 am	Learn an Instrument - Drumming Class 🚩	Recreation Room
10:30 am	Nail Pampering \$5.00 🚩	Village Lounge
01:00 pm	Cards - 500	Village Lounge
04:00 pm	Happy Hour	Village Bar
04:00 pm	Village Host	Village Bar

Friday 06 September

09:00 am	Wellbeing Session - Always Hear	Craft Room
10:45 am	Triple A Functional	Recreation Room
11:30 am	Triple A Circuit	Recreation Room
01:00 pm	Cards & Table Games - Hand & Foot	Village Lounge
02:00 pm	Guest Speaker - South Africa with Lou Onley 🚩	Recreation Room
03:30 pm	Bingo - Four Square	Village Lounge
04:00 pm	Village Host	Village Bar
04:30 pm	Quiz - TGIF Trivia	Village Lounge
06:30 pm	Movie - The Polar Express 🚩	Movie Theatre

Saturday 07 September

10:00 am	Table Tennis	Recreation Room
10:00 am	Aqua Aerobics 🚩	Pool
01:00 pm	Mahjong - Social Play	Village Lounge
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
04:00 pm	Village Host	Village Bar
04:00 pm	Bingo	Village Lounge

Sunday 08 September

01:30 pm	Movie - The Other Boleyn Girl 🚩	Movie Theatre
04:00 pm	Village Host	Village Bar
05:00 pm	Darts	Billiards Room

Week Three

Monday 09 September

09:30 am	Mens Shed	Mens Shed
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See the village copy of this months' Featured Events to find out more about the activities.

10:00 am	Shopping Trip - Burwood One 🏠	Reception
10:00 am	Body Balance - Maz's Balance Class	Recreation Room
12:00 pm	Out & About - The Club Hotel - On The Van 🏠	Reception
12:00 pm	Out & About - The Club Hotel - Self Drive 🏠	Self drive
01:30 pm	Rummikub	Village Lounge
03:00 pm	Entertainer - TBA	Village Lounge
05:15 pm	Meditation 🏠	Movie Theatre
06:30 pm	Bingo	Village Lounge

Tuesday 10 September

11:45 am	Out & About - Chirnside Park Country Club - On The Van 🏠	Reception
11:45 am	Out & About - Chirnside Park Club - Self Drive 🏠	Self Drive
02:00 pm	Pilates Seated/Standing 🏠	Recreation Room
03:00 pm	Pilates - Mat 🏠	Recreation Room
03:00 pm	Craft Group	Craft Room
03:30 pm	Quiz - Brain Games	Village Lounge
04:00 pm	Pool/ Snooker - Kelly Pool	Billiards Room
04:30 pm	Come Dance with Me 🏠	Recreation Room
07:30 pm	Singing Group	Recreation Room

Wednesday 11 September

08:30 am	Walking Group 🏠	Old Burwood Road Gate
09:30 am	Shopping Trip - Forest Hill 🏠	Reception
10:15 am	Triple A Circuit	Recreation Room
11:15 am	Triple A Functional	Recreation Room
11:30 am	Guest Speaker - 9/11 Letter 🏠	Movie Theatre
01:30 pm	Craft Group	Craft Room
02:00 pm	Aqua Aerobics 🏠	Pool
02:00 pm	Village Choir 🏠	Recreation Room
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
03:00 pm	Bingo	Village Lounge
06:30 pm	Movie - The Sound of Music 🏠	Movie Theatre

Thursday 12 September





11:00 am	Church Service - Catholic Mass	Recreation Room
12:00 pm	Internal Event - Pizza & Cannoli Lunch \$35.00 🏠	Village Gardens
01:00 pm	Cards - 500	Village Lounge
02:00 pm	Craft Group - Lorraine's Beading & Embroidery Class	Apartment 219, McKay

KEY: 🏠 - Featured Event. \$ - Paid events. 🏠 - Need RSVP.



See the village copy of this months' Featured Events to find out more about the activities.

04:00 pm	Happy Hour	Village Bar
04:00 pm	Village Host	Village Bar


Friday 13 September

09:30 am	Walking Group - Walking for Wellness Intervillage Walk 	Reception
09:45 am	External Event - Day of Decadence & Delight \$120.00 	Reception
10:45 am	Triple A Functional	Recreation Room
11:30 am	Triple A Circuit	Recreation Room
01:00 pm	Cards & Table Games - Hand & Foot	Village Lounge
02:00 pm	Cooking Class - Sweet Poh - Yum Cha Snacks \$15.00 	SA Kitchen
03:30 pm	Bingo - Four Square	Village Lounge
04:00 pm	Village Host	Village Bar
04:30 pm	Quiz - TGIF Trivia	Village Lounge
06:30 pm	Movie - Now You See Me 	Movie Theatre

Saturday 14 September



10:00 am	Table Tennis	Recreation Room
10:00 am	Aqua Aerobics 	Pool
01:00 pm	Mahjong - Social Play	Village Lounge
01:30 pm	Enhanced Activities Programme Focus Group 	Village Lounge
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
04:00 pm	Village Host	Village Bar
04:00 pm	Bingo	Village Lounge

Sunday 15 September

01:30 pm	Movie - Somethings Gotta Give 	Movie Theatre
04:00 pm	Village Host	Village Bar
05:00 pm	Darts	Billiards Room

Week Four

Monday 16 September





09:30 am	Mens Shed	Mens Shed
10:00 am	Shopping Trip - Burwood One 	Reception
10:00 am	Body Balance - Maz's Balance Class	Recreation Room
01:30 pm	Rummikub	Village Lounge
03:00 pm	Entertainer - Alicia, singer	Village Lounge
05:15 pm	Meditation 	Movie Theatre

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See the village copy of this months' Featured Events to find out more about the activities.

06:30 pm	Bingo	Village Lounge
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Tuesday 17 September

01:00 pm	Out & About - Petanque Lesson/Game & Afternoon Tea \$5.00 	Reception
02:00 pm	Pilates Seated/Standing 	Recreation Room
03:00 pm	Pilates - Mat 	Recreation Room
03:00 pm	Craft Group	Craft Room
03:30 pm	Quiz - Brain Games	Village Lounge
04:00 pm	Pool/ Snooker - Kelly Pool	Billiards Room
04:30 pm	Come Dance with Me 	Recreation Room
07:30 pm	Singing Group	Recreation Room

Wednesday 18 September

08:30 am	Walking Group 	Old Burwood Road Gate
09:30 am	Tai Chi	Virtual Events
09:30 am	Shopping Trip - Forest Hill 	Reception
10:15 am	Triple A Circuit	Recreation Room
10:30 am	Pop Up Shop - Candles	Village Lounge
11:15 am	Triple A Functional	Recreation Room
01:30 pm	Craft Group	Craft Room
02:00 pm	Aqua Aerobics 	Pool
02:00 pm	Village Choir 	Recreation Room
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
03:00 pm	Bingo	Village Lounge
06:30 pm	Movie - The Hundred Foot Journey 	Movie Theatre

Thursday 19 September

10:30 am	Wellbeing Session - Laughing Yoga (Seated) 	Recreation Room
01:00 pm	Cards - 500	Village Lounge
04:00 pm	Ryman 40th Birthday Celebration 	Village Lounge
06:00 pm	Village Host	Village Bar
06:00 pm	Happy Hour	Village Bar

Friday 20 September

10:45 am	Triple A Functional	Recreation Room
11:30 am	Triple A Circuit	Recreation Room
12:30 pm	Village BBQ - Fundraising Sausage Sizzle	Village Centre
01:00 pm	Cards & Table Games - Hand & Foot	Village Lounge

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03:30 pm	Bingo - Four Square	Village Lounge
04:00 pm	Village Host	Village Bar
04:30 pm	Quiz - TGIF Trivia	Village Lounge
06:30 pm	Movie - Music & Lyrics 📺	Movie Theatre

Saturday 21 September

10:00 am	Table Tennis	Recreation Room
10:00 am	Aqua Aerobics 📺	Pool
01:00 pm	Mahjong - Social Play	Village Lounge
01:30 pm	World Alzheimer's Day Walk 📺	Reception
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
04:00 pm	Village Host	Village Bar
04:00 pm	Bingo	Village Lounge

Sunday 22 September

01:30 pm	Movie - Blue Jasmine 📺	Movie Theatre
04:00 pm	Village Host	Village Bar
05:00 pm	Darts	Billiards Room

Week Five

Monday 23 September

09:30 am	Mens Shed	Mens Shed
10:00 am	Shopping Trip - Burwood One 📺	Reception
10:00 am	Body Balance - Maz's Balance Class	Recreation Room
11:00 am	Church Service - Holy Communion	Movie Theatre
01:30 pm	Rummikub	Village Lounge
03:00 pm	Entertainer - Calvin, pianist	Village Lounge
05:15 pm	Meditation 📺	Movie Theatre
06:30 pm	Bingo	Village Lounge

Tuesday 24 September





11:45 am	Out & About - Cork at Cooks Corner 📺	Reception
02:00 pm	Pilates Seated/Standing 📺	Recreation Room
03:00 pm	Pilates - Mat 📺	Recreation Room
03:00 pm	Craft Group	Craft Room
03:30 pm	Quiz - Brain Games	Village Lounge
04:00 pm	Pool/ Snooker - Kelly Pool	Billiards Room
04:30 pm	Come Dance with Me 📺	Recreation Room

KEY: 📺 - Featured Event. \$ - Paid events. 📺 - Need RSVP.



See the village copy of this months' Featured Events to find out more about the activities.

07:30 pm	Singing Group	Recreation Room
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Wednesday 25 September

08:30 am	Walking Group 	Old Burwood Road Gate
09:30 am	Shopping Trip - Forest Hill 	Reception
10:15 am	Triple A Circuit	Recreation Room
11:15 am	Triple A Functional	Recreation Room
01:30 pm	Craft Group	Craft Room
02:00 pm	Aqua Aerobics 	Pool
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
03:00 pm	Bingo	Village Lounge
06:30 pm	Movie - Labor Day 	Movie Theatre

Thursday 26 September

01:00 pm	Cards - 500	Village Lounge
02:00 pm	External Event - High Tea at Parliament House \$78.00 	Self Drive
02:00 pm	Residents' Birthday Celebration	Village Lounge
02:00 pm	Craft Group - Lorraine's Beading & Embroidery Class	Apartment 219, McKay
03:00 pm	Independent Residents Meeting 	Village Lounge
04:00 pm	Happy Hour - Footy Themed	Village Bar
04:00 pm	Village Host	Village Bar

Friday 27 September

10:00 am	Craft Group - Card Making For Charity 	Craft Room
01:00 pm	Cards & Table Games - Hand & Foot	Village Lounge
04:30 pm	Quiz - TGIF Trivia	Village Lounge
06:30 pm	Movie - The English Patient 	Movie Theatre

Saturday 28 September

10:00 am	Table Tennis	Recreation Room
10:00 am	Aqua Aerobics 	Pool
01:00 pm	Mahjong - Social Play	Village Lounge
02:00 pm	Outdoor Bowls - Social Lawn Bowls	Bowling Green
04:00 pm	Village Host	Village Bar
04:00 pm	Bingo	Village Lounge

Sunday 29 September

01:30 pm	Movie - Four Weddings & a Funeral 	Movie Theatre
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See the village copy of this months' Featured Events to find out more about the activities.

04:00 pm	Village Host	Village Bar
05:00 pm	Darts	Billiards Room

Week Six

Monday 30 September

09:30 am	Mens Shed	Mens Shed
10:00 am	Shopping Trip - Burwood One 	Reception
10:00 am	Body Balance - Maz's Balance Class	Recreation Room
01:30 pm	Rummikub	Village Lounge
03:00 pm	Entertainer - Treble Tones	Village Lounge
05:15 pm	Meditation 	Movie Theatre
06:30 pm	Bingo	Village Lounge

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