



JULY 2024




ACTIVITIES PROGRAMME

Independent Residents






John Flynn Village

Week One






Monday 01 July

| | | |
|----------|---------------------------------------------------------------------------------------------------------------|-----------------|
| 09:30 am | Mens Shed | Mens Shed |
| 10:00 am | Shopping Trip - Burwood One  | Reception |
| 10:00 am | Body Balance - Maz's Balance Class | Recreation Room |
| 01:30 pm | Rummikub | Village Lounge |
| 02:00 pm | Movie - Opera - The Marriage of Figaro | Movie Theatre |
| 03:00 pm | Entertainer | Village Lounge |
| 04:30 pm | Zumba Gold  | Recreation Room |
| 05:15 pm | Meditation  | Movie Theatre |
| 06:30 pm | Bingo | Village Lounge |


Tuesday 02 July

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|----------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 11:00 am | Art Class - Watercolor Painting with Hans - NEW \$20.00  | Craft Room |
| 11:45 am | Out & About - Yarra Glen Grand Hotel  | Reception |
| 02:00 pm | Pilates Seated/Standing  | Recreation Room |
| 03:00 pm | Pilates - Mat  | Recreation Room |
| 03:00 pm | Craft Group | Craft Room |
| 04:00 pm | Pool/ Snooker - Kelly Pool | Billiards Room |
| 04:00 pm | Quiz - Brain Games | Village Lounge |
| 04:30 pm | Come Dance with Me  | Recreation Room |
| 07:30 pm | Singing Group | Recreation Room |

Wednesday 03 July

| | | |
|----------|-----------------------------------------------------------------------------------------------------------------|-----------------------|
| 08:30 am | Walking Group  | Old Burwood Road Gate |
| 09:30 am | Shopping Trip - Forest Hill  | Reception |
| 10:15 am | Triple A Circuit | Recreation Room |
| 11:15 am | Triple A Functional | Recreation Room |
| 01:30 pm | Craft Group | Craft Room |
| 02:00 pm | Village Choir  | Recreation Room |
| 02:00 pm | Aqua Aerobics  | Pool |
| 03:00 pm | Bingo | Village Lounge |
| 06:30 pm | Movie - Black Beauty  | Movie Theatre |

Thursday 04 July

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|----------|-------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| 09:00 am | External Event - Paris Exhibition at Bendigo Gallery  | Reception |
| 09:30 am | Online Art Class | Virtual Events |

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| 10:30 am | Nail Pampering \$5.00 📌 | Village Lounge |
| 01:00 pm | Cards - 500 | Village Lounge |
| 02:30 pm | Residents' Birthday Celebration | Village Lounge |
| 04:00 pm | Happy Hour | Village Bar |
| 04:00 pm | Village Host | Village Bar |

Friday 05 July

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|----------|-------------------------------------------------|-----------------|
| 09:00 am | Wellbeing Session - Always Hear | Library |
| 10:00 am | Craft Group - Card Making for Charity 📌 | Craft Room |
| 10:45 am | Triple A Functional | Recreation Room |
| 11:30 am | Triple A Circuit | Recreation Room |
| 01:00 pm | Cards & Table Games - Hand & Foot | SA Dining Room |
| 02:00 pm | Guest Speaker - Cathedrals with Richard Crago 📌 | Recreation Room |
| 03:30 pm | Bingo - Four Square | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:30 pm | Quiz - TGIF Trivia | Village Lounge |
| 06:30 pm | Movie - The Long Hot Summer 📌 | Movie Theatre |

Saturday 06 July

| | | |
|----------|-----------------------|-----------------|
| 10:00 am | Table Tennis | Recreation Room |
| 10:00 am | Aqua Aerobics 📌 | Pool |
| 01:00 pm | Mahjong - Social Play | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:00 pm | Bingo | Village Lounge |

Sunday 07 July

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|----------|---------------------------------------|-----------------|
| 01:30 pm | Movie - The Great Barrier Reef 📌 | Movie Theatre |
| 04:00 pm | Village Host | Village Bar |
| 05:00 pm | Darts | Billiards Room |
| 05:30 pm | Church Service - Ecumenical Service 📌 | Recreation Room |






Week Two

Monday 08 July






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|----------|------------------------------------------------------------|-----------------|
| 09:30 am | Mens Shed | Mens Shed |
| 10:00 am | Body Balance - Maz's Balance Class - Cancelled | Recreation Room |
| 10:00 am | Shopping Trip - Burwood One 📌 | Reception |
| 11:00 am | Craft Group - Smalti Pendant Making Class \$10.00 📌 | Craft Room |
| 12:00 pm | Out & About - The Wheelers Hill Hotel - On The Van 📌 | Reception |

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| 12:00 pm | Out & About - The Wheelers Hill Hotel - Self Drive  | Self Drive |
| 01:30 pm | Rummikub | Village Lounge |
| 03:00 pm | Entertainer | Village Lounge |
| 04:30 pm | Zumba Gold  | Recreation Room |
| 05:15 pm | Meditation  | Movie Theatre |
| 06:30 pm | Bingo | Village Lounge |


Tuesday 09 July

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|----------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 11:00 am | Art Class - Watercolor Painting with Hans \$20.00  | Craft Room |
| 12:00 pm | Out & About - The Ian Potter Centre: NGV Australia  | Reception |
| 02:00 pm | Pilates Seated/Standing  | Recreation Room |
| 03:00 pm | Pilates - Mat  | Recreation Room |
| 03:00 pm | Craft Group | Craft Room |
| 04:00 pm | Pool/ Snooker - Kelly Pool | Billiards Room |
| 04:00 pm | Quiz - Brain Games | Village Lounge |
| 04:30 pm | Come Dance with Me  | Recreation Room |
| 07:30 pm | Singing Group | Recreation Room |


Wednesday 10 July

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|----------|-----------------------------------------------------------------------------------------------------------------|-----------------------|
| 08:30 am | Walking Group  | Old Burwood Road Gate |
| 09:30 am | Shopping Trip - Forest Hill  | Reception |
| 10:15 am | Triple A Circuit | Recreation Room |
| 11:15 am | Triple A Functional | Recreation Room |
| 01:30 pm | Craft Group | Craft Room |
| 02:00 pm | Village Choir  | Recreation Room |
| 02:00 pm | Aqua Aerobics  | Pool |
| 03:00 pm | Bingo | Village Lounge |
| 06:30 pm | Movie - The Vikings  | Movie Theatre |

Thursday 11 July

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|----------|-------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 10:30 am | Enhanced Activities Programme Focus Group  | Movie Theatre |
| 11:00 am | Church Service - Catholic Mass | Recreation Room |
| 01:00 pm | Cards - 500 | Village Lounge |
| 04:00 pm | Happy Hour | Village Bar |
| 04:00 pm | Village Host | Village Bar |

Friday 12 July

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|----------|-------------------------------------------------------------------------------------------------------------------------|---------|
| 10:00 am | Resident Training - IT Help Session  | Library |
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| 10:45 am | Triple A Functional | Recreation Room |
| 11:30 am | Triple A Circuit | Recreation Room |
| 01:00 pm | Cards & Table Games - Hand & Foot | SA Dining Room |
| 02:00 pm | Guest Speaker - The 50 & Wiser Club Book Chat 📅 | Movie Theatre |
| 03:30 pm | Bingo - Four Square | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:30 pm | Quiz - TGIF Trivia | Village Lounge |
| 06:30 pm | Movie - The Ides of March 📅 | Movie Theatre |

Saturday 13 July

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|----------|-----------------------------------------------------------------------|-----------------|
| 10:00 am | Table Tennis | Recreation Room |
| 10:00 am | Aqua Aerobics 📅 | Pool |
| 01:00 pm | Mahjong - Social Play | Village Lounge |
| 02:00 pm | Cooking Class - Sushi Making with Carolyn & Meri \$10.00 📅 SA Kitchen | |
| 04:00 pm | Village Host | Village Bar |
| 04:00 pm | Bingo | Village Lounge |

Sunday 14 July

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|----------|---------------------|----------------|
| 04:00 pm | Village Host | Village Bar |
| 05:00 pm | Darts | Billiards Room |
| 06:30 pm | Movie - Moby Dick 📅 | Movie Theatre |



Week Three

Monday 15 July

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|----------|------------------------------------|-----------------|
| 09:30 am | Mens Shed | Mens Shed |
| 10:00 am | Shopping Trip - Burwood One 📅 | Reception |
| 10:00 am | Body Balance - Maz's Balance Class | Recreation Room |
| 01:30 pm | Rummikub | Village Lounge |
| 03:00 pm | Entertainer | Village Lounge |
| 04:30 pm | Zumba Gold 📅 | Recreation Room |
| 05:15 pm | Meditation 📅 | Movie Theatre |
| 06:30 pm | Bingo | Village Lounge |

Tuesday 16 July



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|----------|-----------------------------------------------------|-----------------|
| 11:00 am | Art Class - Watercolor Painting with Hans \$20.00 📅 | Craft Room |
| 12:00 pm | Out & About - Roule Gulette Creperie 📅 | Reception |
| 02:00 pm | Pilates Seated/Standing 📅 | Recreation Room |

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| 03:00 pm | Pilates - Mat  | Recreation Room |
| 03:00 pm | Craft Group | Craft Room |
| 04:00 pm | Pool/ Snooker - Kelly Pool | Billiards Room |
| 04:00 pm | Quiz - Brain Games | Village Lounge |
| 04:30 pm | Come Dance with Me  | Recreation Room |
| 07:30 pm | Singing Group | Recreation Room |



Wednesday 17 July

| | | |
|----------|-----------------------------------------------------------------------------------------------------------------|-----------------------|
| 08:30 am | Walking Group  | Old Burwood Road Gate |
| 09:30 am | Tai Chi | Virtual Events |
| 09:30 am | Shopping Trip - Forest Hill  | Reception |
| 10:15 am | Triple A Circuit | Recreation Room |
| 11:15 am | Triple A Functional | Recreation Room |
| 01:30 pm | Craft Group | Craft Room |
| 02:00 pm | Village Choir  | Recreation Room |
| 02:00 pm | Aqua Aerobics  | Pool |
| 03:00 pm | Bingo | Village Lounge |
| 06:30 pm | Movie - Nicholas & Alexander  | Movie Theatre |

Thursday 18 July

| | | |
|----------|--------------------------------------------------------------------------------------------------------------------------|-----------------|
| 10:30 am | Learn an Instrument - Drumming Class  | Recreation Room |
| 01:00 pm | Cards - 500 | Village Lounge |
| 04:00 pm | Happy Hour | Village Bar |
| 04:00 pm | Village Host | Village Bar |
| 05:45 pm | Fine Dining  | SA Dining Room |

Friday 19 July

| | | |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 10:45 am | Triple A Functional | Recreation Room |
| 11:30 am | Triple A Circuit | Recreation Room |
| 01:00 pm | Cards & Table Games - Hand & Foot | SA Dining Room |
| 02:00 pm | Guest Speaker - Scenic Vietnam & Cruise of the Mekong  | Recreation Room |
| 03:30 pm | Bingo - Four Square | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:30 pm | Quiz - TGIF Trivia | Village Lounge |
| 06:30 pm | Movie - Sense and Sensibility  | Movie Theatre |

Saturday 20 July

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|----------|--------------|-----------------|
| 10:00 am | Table Tennis | Recreation Room |
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| 10:00 am | Aqua Aerobics  | Pool |
| 01:00 pm | Mahjong - Social Play | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:00 pm | Bingo | Village Lounge |

Sunday 21 July






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|----------|-------------------------------------------------------------------------------------------------------|----------------|
| 01:30 pm | Movie - Deep Impact  | Movie Theatre |
| 04:00 pm | Village Host | Village Bar |
| 05:00 pm | Darts | Billiards Room |

Week Four




Monday 22 July




| | | |
|----------|---------------------------------------------------------------------------------------------------------------|-----------------|
| 09:30 am | Mens Shed | Mens Shed |
| 10:00 am | Shopping Trip - Burwood One  | Reception |
| 10:00 am | Body Balance - Maz's Balance Class | Recreation Room |
| 11:00 am | Church Service - Uniting Church Holy Communion | Movie Theatre |
| 01:30 pm | Rummikub | Village Lounge |
| 03:00 pm | Entertainer | Village Lounge |
| 04:30 pm | Zumba Gold  | Recreation Room |
| 05:15 pm | Meditation  | Movie Theatre |
| 06:30 pm | Bingo | Village Lounge |

Tuesday 23 July


| | | |
|----------|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 11:00 am | Art Class - Watercolor Painting with Hans \$20.00  | Craft Room |
| 12:00 pm | Out & About - Dandenong Market  | Reception |
| 02:00 pm | Pilates Seated/Standing  | Recreation Room |
| 03:00 pm | Pilates - Mat  | Recreation Room |
| 03:00 pm | Craft Group | Craft Room |
| 04:00 pm | Pool/ Snooker - Kelly Pool | Billiards Room |
| 04:00 pm | Quiz - Brain Games | Village Lounge |
| 04:30 pm | Come Dance with Me  | Recreation Room |
| 07:30 pm | Singing Group | Recreation Room |

Wednesday 24 July




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|----------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| 08:30 am | Walking Group  | Old Burwood Road Gate |
| 09:30 am | Guest Speaker - An introduction to Radiology  | Movie Theatre |
| 09:30 am | Shopping Trip - Forest Hill  | Reception |
| 10:15 am | Triple A Circuit | Recreation Room |

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|----------|-----------------------------------------------------------------------------------------------------|-----------------|
| 11:15 am | Triple A Functional | Recreation Room |
| 01:30 pm | Craft Group | Craft Room |
| 02:00 pm | Aqua Aerobics  | Pool |
| 02:00 pm | Village Choir  | Recreation Room |
| 03:00 pm | Bingo | Village Lounge |
| 06:30 pm | Movie - Hairspray  | Movie Theatre |


Thursday 25 July

| | | |
|----------|-----------------------------------------------------------------------------------------------------------------|----------------|
| 10:30 am | Bake Sale - Charity Fundraiser | Village Lounge |
| 01:00 pm | Cards - 500 | Village Lounge |
| 03:00 pm | Independent Residents Meeting  | Village Lounge |
| 04:00 pm | Happy Hour | Village Bar |
| 04:00 pm | Village Host | Village Bar |


Friday 26 July

| | | |
|----------|------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 10:00 am | Craft Group - Card Making for Charity  | Craft Room |
| 10:30 am | Olympic Themed Triple A Class  | Recreation Room |
| 12:30 pm | Village BBQ - Fundraising Sausage Sizzle | Village Lounge |
| 01:00 pm | Cards & Table Games - Hand & Foot | SA Dining Room |
| 03:30 pm | Bingo - Four Square | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:30 pm | Quiz - TGIF Trivia | Village Lounge |
| 06:30 pm | Movie - The Mystery of the Blue Train - Poirot  | Movie Theatre |

Saturday 27 July


| | | |
|----------|---------------------------------------------------------------------------------------------------|-----------------|
| 10:00 am | Table Tennis | Recreation Room |
| 10:00 am | Aqua Aerobics  | Pool |
| 01:00 pm | Mahjong - Social Play | Village Lounge |
| 04:00 pm | Village Host | Village Bar |
| 04:00 pm | Bingo | Village Lounge |

Sunday 28 July

| | | |
|----------|-------------------------------------------------------------------------------------------------------------------------|----------------|
| 01:30 pm | Movie - Taken at the Flood - Poirot  | Movie Theatre |
| 04:00 pm | Village Host | Village Bar |
| 05:00 pm | Darts | Billiards Room |

Week Five

Monday 29 July

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

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|----------|------------------------------------------------|-----------------|
| 09:30 am | Mens Shed | Mens Shed |
| 10:00 am | Shopping Trip - Burwood One 🏠 | Reception |
| 10:00 am | Body Balance - Maz's Balance Class | Recreation Room |
| 11:00 am | Church Service - Uniting Church Holy Communion | Movie Theatre |
| 01:30 pm | Rummikub | Village Lounge |
| 03:00 pm | Entertainer | Village Lounge |
| 04:30 pm | Zumba Gold - Cancelled 🏠 | Recreation Room |
| 05:15 pm | Meditation 🏠 | Movie Theatre |
| 06:30 pm | Bingo | Village Lounge |

Tuesday 30 July

| | | |
|----------|---------------------------------------------------------|-----------------|
| 10:30 am | World Friendship Day - Invite a friend to morning tea 🏠 | Village Lounge |
| 12:00 pm | Out & About - Stamford Park Homestead 🏠 | Reception |
| 02:00 pm | Pilates Seated/Standing 🏠 | Recreation Room |
| 03:00 pm | Pilates - Mat 🏠 | Recreation Room |
| 03:00 pm | Craft Group | Craft Room |
| 04:00 pm | Pool/ Snooker - Kelly Pool | Billiards Room |
| 04:00 pm | Quiz - Brain Games | Village Lounge |
| 04:30 pm | Come Dance with Me 🏠 | Recreation Room |
| 07:30 pm | Singing Group | Recreation Room |

Wednesday 31 July

| | | |
|----------|--------------------------------------|-----------------------|
| 08:30 am | Walking Group 🏠 | Old Burwood Road Gate |
| 09:30 am | Shopping Trip - Forest Hill 🏠 | Reception |
| 10:15 am | Triple A Circuit | Recreation Room |
| 11:15 am | Triple A Functional | Recreation Room |
| 01:30 pm | Craft Group | Craft Room |
| 02:00 pm | Aqua Aerobics 🏠 | Pool |
| 02:00 pm | Village Choir 🏠 | Recreation Room |
| 03:00 pm | Bingo | Village Lounge |
| 06:30 pm | Movie - After the Funeral - Poirot 🏠 | Movie Theatre |

KEY: 🏠 - Featured Event. \$ - Paid events. 🏠 - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.