Deborah Cheetham, Parwan

OCTOBER 2024

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RYMAN HEALTHCARE

M Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
	1 10:00 Triple A - Functional 11:00 News & Views 1:30 Out & About - Scenic Drive	**2** 10:00 Triple A - Functional 11:00 News & Views 1:30 Make & Create - Flower Arranging	**3** 10:00 Triple A - Functional 11:00 News & Views 1:30 Bingo 1:30 Men's Club - Coffee in Cafe 3:00 Memory Lane - Shake Loose a Memory	**4** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Mind Benders - Finding Words 2:15 Happy Hour with Matt	**5** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Active Games - Table Bowling 2:15 Cinema Experience Book Club	**6** Daylight Saving begins ✚ 10:15 Ecumenical Church Service 11:00 Triple A - Functional Exercises to Music 11:30 Songs of Praise 1:30 Musical Moments - CLASSICAL CONVERSATIONS Parwan Lounge ★ 3:15 Sensational Senses - Fun with Art
7 10:00 Triple A - Functional 11:00 News & Views 1:30 Musical Moments with Roselind 3:00 Memory Lane - Catch a Conversation	**8** 9:30 Elvis Presley & Buddy Show Drysdale ★ 10:00 Triple A - Functional 11:00 News & Views	**9** 10:00 Triple A - Functional 11:00 News & Views 1:30 Make & Create - Watercolour Artwork	**10** 10:00 Chair Yoga 11:00 News & Views 1:30 Bingo 3:00 Memory Lane - Residents Experience 3:00 Musical Moments - CLASSICAL CONVERSATIONS in Cinema ★	**11** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Mind Benders - Quiz 2:30 Happy Hour with Jenny & Gary	**12** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Active Games - Gardening Fun 2:15 Cinema Experience The Bucket List ★	**13** 10:15 Ecumenical Church Service 11:00 Triple A - Functional Exercises to Music 11:30 Songs of Praise 1:30 Musical Moments - Sing-Along with Jill 3:15 Sensational Senses - Wool Group
14 10:00 Triple A - Functional 11:00 News & Views 1:30 Musical Moments with Roselind 3:00 Memory Lane - Armchair Travel	**15** 10:00 Triple A - Functional 11:00 News & Views 1:30 Out & About - Scenic Drive	**16** 10:00 Triple A - Functional 11:00 News & Views 1:30 Entertainment with Ben 2:30 Family & Friends High Tea	**17** 10:00 Chair Yoga 11:00 News & Views 1:30 Bingo 1:30 Men's Club - Scenic Drive 3:00 Memory Lane - Story Telling	**18** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Mind Benders - Crossword 2:30 Happy Hour Belmont Singers	**19** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Active Games - Balloon Tennis 2:15 Cinema Experience Life As We Know It ★	**20** 10:15 Ecumenical Church Service 11:00 Triple A - Functional Exercises to Music 11:30 Songs of Praise 1:30 Musical Moments - Singalong with Jill 3:00 Sensational Senses - Hand Pamper
21 10:00 Triple A - Functional 11:00 News & Views 1:30 Musical Moments with Roselind 3:00 Memory Lane - Show Time	**22** 10:00 Triple A - Functional 11:00 News & Views 1:00 Pop-up Shop - U & I Fashion 1:30 Out & About - Scenic Drive	**23** 10:00 Triple A - Functional 11:00 News & Views 1:30 Make & Create - Bush Collage	**24** 10:00 Chair Yoga 11:00 News & Views 1:30 Bingo 3:00 Memory Lane - Catch a Conversation 3:00 Musical Moments - CLASSICAL CONVERSATIONS in Cinema ★	**25** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Mind Benders - Spring Racing Quiz 2:30 Happy Hour with Keyboard Kev	**26** 10:15 Triple A - Functional Exercises to Music 11:00 News & Views 1:30 Active Games - Table Bowling 2:15 Cinema Experience The Cider House Rules ★	**27** 10:15 Ecumenical Church Service 11:00 Triple A - Functional Exercises to Music 11:30 Songs of Praise 1:30 Musical Moments 3:00 Sensational Senses
28 10:00 Triple A - Functional 11:00 News & Views 1:30 Musical Moments with Roselind 3:00 Memory Lane - Toss & Talk	**29** 10:00 Triple A - Functional 11:00 News & Views 1:30 Out & About - Scenic Drive	**30** 10:00 Triple A - Functional 11:00 News & Views 1:30 Make & Create - Melbourne Cup Hats	**31** Halloween 10:00 Chair Yoga 11:00 News & Views 1:30 Bingo 3:00 Memory Lane - Halloween			