

OCTOBER 2024

# ACTIVITIES PROGRAMME

# Independent Residents

Deborah Cheetham Village

### Week One

Tuesday 01 October		
10:00 am	Triple A Circuit	Recreation Room
11:00 am	Triple A Functional	Recreation Room
03:00 pm	Table Tennis	Recreation Room
06:00 pm	Movie - Residents Choice	Movie Theatre

Wednesday 02 October		
11:00 am	Knitting Group - Knit and Natter	Village Lounge
11:45 am	Out & About - Mr Grubb Seniors lunch - Bus 🏲	Reception
12:00 pm	Out & About - Mr Grubb - Seniors lunch - Self Drive 🏲	255 Grubb Rd, Wallington
01:30 pm	Mens Shed - Woodworking Wednesday	Village Workshop
03:00 pm	Entertainer - Keyboard Kev	Village Lounge
04:00 pm	Outdoor Bowls - Social fun game	Village Green

Thursday 03 October		
08:30 am	Online Art Class	Virtual Events
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:30 pm	Men's Club - Men's woodwork group	Resident workshop
02:00 pm	Cards/Rummikub	Village Lounge
03:00 pm	Enhanced Activities Programme Focus Group	Movie Theatre
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Village Bar	Village Bar

Friday 04 October		
09:00 am	Gardening Group - With Angie and Gardening Crew	Resident's workshop
01:30 pm	Movie - Quartet	Movie Theatre
01:30 pm	Pop Up Shop -Michell the Egg man	Craft Room
01:30 pm	Shopping Trip - Bus - Kingston Village 📮	Reception
04:00 pm	Village Host-Village Bar	Village Bar
04:00 pm	Outdoor Bowls - Social fun game	Bowling Green
06:00 pm	Movie - Quartet	Movie Theatre

Saturday 05 October		
08:00 am	Table Tennis - All Day	Recreation Room
10:30 am	Pool/ Snooker	Village Lounge

Sunday 06 October		
08:00 am	Table Tennis - All day	Recreation Room
10:00 am	Church Service - Mass for you at home	Movie Theatre
I I:30 am	Spiritual Group - Songs of Praise	Movie Theatre
01:30 pm	Movie- Flight	Movie Theatre

Week	Two

Monday 07 October		
09:45 am	Shopping Trip - Ocean Grove Marketplace 🏲	Reception
10:00 am	Outdoor Bowls - Coaching	Bowling Green
10:30 am	Coffee Club	Cafe
01:30 pm	Line Dancing	Recreation Room
01:30 pm	myRyman App Support 🏲	Resident Experience Co- Ordinator's desk

Tuesday 08 October		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
02:00 pm	Charity Fundraiser - BCNA - High Tea \$1.00 🟲	Dining Room
03:00 pm	Table Tennis	Recreation Room
06:00 pm	Movie - Residents Choice	Movie Theatre

Wednesday 09 October		
11:00 am	Knitting Group - Knit and Natter	Village Lounge
01:30 pm	Mens Shed - Woodworking Wednesday	Village Workshop
02:00 pm	Entertainer - Belmont Singers	Village Lounge
03:30 pm	Church Service - Vicar Liz - 3.30pm start ■	Movie Theatre
04:00 pm	Outdoor Bowls - Social fun game	Village Green

Thursday 10 October		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:30 pm	Men's Club - Men's woodwork group	Resident workshop
02:00 pm	Cards/Rummikub	Village Lounge
03:00 pm	Music Appreciation - Classical converstaions	Movie Theatre

04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Village Bar	Village Bar

Friday 11 October		
09:00 am	Gardening Group - With Angie and Gardening Crew	Resident's workshop
01:30 pm	Movie - Persuasion	Movie Theatre
01:30 pm	Shopping Trip - Bus - Kingston Village 📮	Reception
01:30 pm	Pop Up Shop -Michael the Egg man	Craft Room
04:00 pm	Village Host-Village Bar	Village Bar
04:00 pm	Outdoor Bowls - Social fun game	Bowling Green
06:00 pm	Movie - Persuasion	Movie Theatre

Saturday 12 October		
08:00 am	Table Tennis - All Day	Recreation Room
10:30 am	Pool/ Snooker	Village Lounge
02:30 pm	Knitting Group - Knit & Knatter	Craft Room
04:00 pm	Village Host-Village Bar	Village Bar

Sunday 13 October		
08:00 am	Table Tennis - All day	Recreation Room
10:00 am	Church Service - Mass for you at home	Movie Theatre
11:30 am	Spiritual Group - Songs of Praise	Movie Theatre
01:30 pm	Movie - The Boy From Oz	Movie Theatre

#### Week Three Monday 14 October Shopping Trip - Ocean Grove Marketplace 09:45 am Reception 10:00 am Outdoor Bowls - Coaching **Bowling Green** 10:30 am Coffee Club Cafe 01:30 pm Line Dancing **Recreation Room** myRyman App Support P 01:30 pm Resident Experience Co-Ordinator's desk

Tuesday 1	5 October	
10:00 am	Triple A Circuit	Recreation Room
11:00 am	Triple A Functional	Recreation Room
02:00 pm	Guest Speaker - Bellarine Police Scam Awareness	Movie Theatre
03:00 pm	Table Tennis	Recreation Room

Wednesday	16 October	
09:30 am	Tai Chi Class	Virtual Events
I I:00 am	Independent Residents Meeting	Village Lounge
01:30 pm	Out & About - Van Loons Afternoo Tea- Bus 🛅	Reception
01:30 pm	Out & About - Van Loons Afternoon Tea - Self drive	405 Grubb Rd, Wallington VIC 3222
01:30 pm	Mens Shed - Woodworking Wednesday	Village Workshop
02:00 pm	Entertainer - Neil Diamond - HotAugust Night DVD	Movie Theatre
04:00 pm	Outdoor Bowls - Social fun game	Village Green

Thursday 17 October			
10:00 am	Triple A Circuit	Recreation Room	
I I:00 am	Triple A Functional	Recreation Room	
01:30 pm	Entertainer - Surfside Primary School Spectacular 📮	Village Centre	
01:30 pm	Men's Club - Men's woodwork group	Resident workshop	
02:00 pm	Cards/Rummikub	Village Lounge	
04:00 pm	Happy Hour	Village Bar	
05:00 pm	Village Host - Village Bar	Village Bar	
05:45 pm	Fine Dining - Halloween \$55.00	Dining Room	

Friday 18 October		
09:00 am	Gardening Group - With Angie and Gardening Crew	Resident's workshop
01:30 pm	Movie - Rabbit Proof Fence	Movie Theatre
01:30 pm	Pop Up Shop -Michael the Egg man	Craft Room
01:30 pm	Shopping Trip - Bus - Kingston Village	Reception
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04:00 pm	Village Host-Village Bar	Village Bar
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Saturday 19 October		
08:00 am	Table Tennis - All Day	Recreation Room
10:30 am	Pool/ Snooker	Village Lounge
02:30 pm	Knitting Group - Knit & Knatter	Craft Room
04:00 pm	Village Host-Village Bar	Village Bar

## Sunday 20 October

08:00 am	Table Tennis - All day	Recreation Room
10:00 am	Church Service - Mass for you at home	Movie Theatre
11:30 am	Spiritual Group - Songs of Praise	Movie Theatre
01.30 pm	Movie - The Bank	Movie Theatre

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Monday 21 October		
09:45 am	Shopping Trip - Ocean Grove Marketplace 📮	Reception
10:00 am	Outdoor Bowls - Coaching	Bowling Green
10:30 am	Coffee Club	Cafe
01:30 pm	Line Dancing	Recreation Room
01:30 pm	myRyman App Support 🖻	Resident Experience Co- Ordinator's desk

Tuesday 22 October		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:30 pm	Pop Up Shop - U and I Fashion	Village Lounge
03:00 pm	Table Tennis	Recreation Room
06:00 pm	Movie - Residents Choice	Movie Theatre

Wednesday 23 October		
09:30 am	Out & About - Waurn Ponds - Bus 📮	Reception
10:00 am	Out & About -Waurn Ponds - self drive	Waurn Ponds shopping center
I I:00 am	Knitting Group - Knit and Natter	Village Lounge
01:30 pm	Mens Shed - Woodworking Wednesday	Village Workshop
03:00 pm	Entertainer - Ros	Village Lounge
04:00 pm	Outdoor Bowls - Social fun game	Village Green

Thursday 24 October		
09:30 am	Mindfulness Workshop	Virtual Events
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:15 pm	Men's Club - Little Creatures Brewery ▶	Reception
01:30 pm	Men's Club - Men's woodwork group	Resident workshop
02:00 pm	Cards/Rummikub	Village Lounge
03:00 pm	Music Appreciation - Classical converstaions	Movie Theatre
04:00 pm	Happy Hour	Village Bar

Friday 25 October		
09:00 am	Gardening Group - With Angie and Gardening Crew	Resident's workshop
01:30 pm	Movie - Brides	Movie Theatre
01:30 pm	Shopping Trip - Bus - Kingston Village 🛅	Reception
01:30 pm	Pop Up Shop -Michael the Egg man	Craft Room
04:00 pm	Village Host-Village Bar	Village Bar
04:00 pm	Outdoor Bowls - Social fun game	Bowling Green
06:00 pm	Movie - Brides	Movie Theatre

Saturday 26 October		
08:00 am	Table Tennis - All Day	Recreation Room
10:30 am	Pool/ Snooker	Village Lounge
02:30 pm	Knitting Group - Knit & Knatter	Craft Room
04:00 pm	Village Host-Village Bar	Village Bar

Sunday 27 October		
08:00 am	Table Tennis - All day	Recreation Room
10:00 am	Church Service - Mass for you at home	Movie Theatre
11:30 am	Spiritual Group - Songs of Praise	Movie Theatre
01:30 pm	Movie - Narnia	Movie Theatre

#### Week Five Monday 28 October 09:45 am Shopping Trip - Ocean Grove Marketplace Reception 10:00 am Outdoor Bowls - Coaching **Bowling Green** 10:30 am Coffee Club Cafe 01:30 pm Line Dancing Recreation Room 01:30 pm myRyman App Support Resident Experience Co-Ordinator's desk

Tuesday 29 October		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
03:00 pm	Table Tennis	Recreation Room
06:00 pm	Movie - Residents Choice	Movie Theatre

Wednesday 30 October		
09:45 am	Out & About - Wombat Gully Nursery- Bus 📮	Reception
10:00 am	Out & About - Wombat Gully Nursery - Self Drive 🛅	201 Townsend Rd, Moolap VIC
I I:00 am	Knitting Group - Knit and Natter	Village Lounge
01:30 pm	Mens Shed - Woodworking Wednesday	Village Workshop
03:00 pm	Entertainer - Songs by the Fire side with Laura	Village Lounge
04:00 pm	Outdoor Bowls - Social fun game	Village Green

Thursday 31 October		
10:00 am	Triple A Circuit	Recreation Room
I I:00 am	Triple A Functional	Recreation Room
01:30 pm	Men's Club - Men's woodwork group	Resident workshop
02:00 pm	Cards/Rummikub	Village Lounge
04:00 pm	Happy Hour	Village Bar
05:00 pm	Village Host - Village Bar	Village Bar

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.