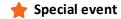
Charles Brownlow, Special Care

OCTOBER 2024



Additional feature days

6 October: International Grandparent's Day

23.09.24 05:18

The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation

- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living making soups, baking, laundry, dishes
- Craft activities making cards, adult colouring, painting



M onday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
	1:45 Triple A - Fitness 2:15 News & Views 2:30 Mind Benders - Word Games 3:00 Musical Moments 4:00 Engage Activities	2 11:00 Church Service - Ecumenical (Level 1) 1:45 Triple A - Fitness 2:15 News & Views 2:30 Make & Create - Leaf Art 3:30 Men's Club 4:00 Engage Activities	2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 News & Views 4:00 Engage Activities	1:30 Entertainer - Joe 2:15 News & Views 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	1:30 News & Views 2:00 Hand Pampers 3:00 Zumba 4:00 Engage Activities	Daylight Saving begins 11:30 Songs of Praise 1:30 News & Views 3:00 Active Games 4:00 Engage Activities
7 1:45 Triple A - Fitness 2:15 News & Views 2:30 Memory Lane 3:00 Sculpting 4:00 Engage Activities	1:45 Triple A - Fitness 2:15 News & Views 2:30 BINGO 3:00 Singalong 4:00 Engage Activities	9 11:00 Church Service - Ecumenical (Level 1) 1:45 Triple A - Fitness 2:15 News & Views 2:30 Make & Create - Crayons and Paint 4:00 Engage Activities	2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 News & Views 4:00 Engage Activities	1:30 Entertainer - Belmont Rhythmic Singers 2:15 News & Views 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	1:30 News & Views 2:00 Sensational Senses - Cooking 3:00 Zumba 4:00 Engage Activities	11:30 Songs of Praise 1:30 News & Views 3:00 Active Games 4:00 Engage Activities
1:45 Triple A - Fitness 2:15 News & Views 2:30 Memory Lane 3:00 Aromatherapy 4:00 Engage Activities	1:45 Triple A - Fitness 2:15 News & Views 2:30 Birthday Celebration - October 2:45 Word Games 3:00 Musical Moments 4:00 Engage Activities	11:00 Church Service - Ecumenical (Level 1) 1:45 Triple A - Fitness 2:15 News & Views 2:30 Make & Create - Paper Craft 3:00 Men's Club 4:00 Engage Activities	2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 News & Views 4:00 Engage Activities	1:30 Entertainer - Sue the Harpist 2:15 News & Views 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	1:30 News & Views 2:00 Hand Pampers 3:00 Zumba 4:00 Engage Activities	11:30 Songs of Praise 1:30 News & Views 3:00 Active Games 4:00 Engage Activities
21 1:45 Triple A - Fitness 2:15 News & Views 2:30 Memory Lane 3:00 Hand Massages 4:00 Engage Activities	1:45 Triple A - Fitness 2:15 News & Views 2:30 Mind Benders - Word Games 3:00 Singalong 4:00 Engage Activities	 23 11:00 Church Service - Ecumenical (Level 1) 1:45 Triple A - Fitness 2:15 News & Views 2:30 Make & Create - Painting with Balloons. 4:00 Engage Activities 	2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 News & Views 4:00 Engage Activities	1:30 Entertainer - Jenny and Garry 2:15 News & Views 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	1:30 News & Views 2:00 Sensational Senses 3:00 Zumba 4:00 Engage Activities	11:30 Songs of Praise 1:30 News & Views 3:00 Active Games 4:00 Engage Activities
28 1:45 Triple A - Fitness 2:15 News & Views 2:30 Memory Lane 3:00 Halloween Cooking 4:00 Engage Activities	1:45 Triple A - Fitness 2:15 News & Views 2:30 Mind Benders - Spooky Quiz 3:00 Musical Moments 4:00 Engage Activities	11:00 Church Service - Ecumenical (Level 1) 1:45 Triple A - Fitness 2:15 News & Views 2:30 Halloween Craft 4:00 Engage Activities	31 Halloween 2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 News & Views 4:00 Engage Activities			