

JULY 2024



★ Special event

26.06.24 05:50

The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation - croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living - making soups, baking, laundry, dishes
- Craft activities - making cards, adult colouring, painting

M Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
1 11:30 News & Views 1:45 Triple A - Fitness 2:30 Memory Lane - Winter Wardrobe 3:00 Scarf Tying Tutorial 4:00 Engage Activities	2 11:30 News & Views 1:45 Triple A - Fitness 2:30 Mind Benders - Word Games 3:00 Musical Moments - Instruments 4:00 Engage Activities	3 11:00 Church Service - Ecumenical (Level 1) 11:30 News & Views 1:45 Triple A - Fitness 2:30 Make & Create 4:00 Engage Activities	4 11:30 News & Views 2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 Footy Tipping 4:00 Engage Activities	5 11:30 News & Views 1:30 Entertainer - Joy 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	6 1:30 News & Views 2:00 Active Games 3:00 Musical Moments 4:00 Engage Activities	7 11:30 Songs of Praise 1:30 News & Views 3:00 Sensational Senses 4:00 Engage Activities 6:30 NAIDOC Week (AU)
8 11:30 News & Views 1:45 Triple A - Fitness 2:30 Memory Lane - Aboriginal Story Telling 3:00 Aromatherapy - Bush Scents 4:00 Engage Activities	9 11:30 News & Views 1:45 Triple A - Fitness 2:30 Bingo 3:00 Musical Moment - Aboriginal Instruments 4:00 Engage Activities	10 11:00 Church Service - Ecumenical (Level 1) 11:30 News & Views 1:45 Triple A - Fitness 2:30 Make & Create - Aboriginal Painting 3:00 Men's Club 4:00 Engage Activities	11 11:30 News & Views 2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 Footy Tipping 4:00 Engage Activities	12 11:30 News & Views 1:30 Entertainer - Belmont Rhythmic Singers 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	13 1:30 News & Views 2:00 Active Games 3:00 Musical Moments 4:00 Engage Activities	14 11:30 Songs of Praise 1:30 News & Views 3:00 Sensational Senses 4:00 Engage Activities
15 11:30 News & Views 1:45 Triple A - Fitness 2:30 Memory Lane - Family Life 3:00 Sensational Senses - Cooking 4:00 Engage Activities	16 11:30 News & Views 1:45 Triple A - Fitness 2:30 Mind Benders - Word Games 3:00 Karaoke 4:00 Engage Activities	17 11:00 Church Service - Ecumenical (Level 1) 11:30 News & Views 1:45 Triple A - Fitness 2:30 Make & Create 4:00 Engage Activities	18 11:30 News & Views 2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 Footy Tipping 4:00 Engage Activities	19 11:30 News & Views 1:30 Entertainer - Joe 2:30 Happy Hour 3:30 Memory Lane 4:00 Engage Activities	20 1:30 News & Views 2:00 Active Games 3:00 Musical Moments 4:00 Engage Activities	21 11:30 Songs of Praise 1:30 News & Views 3:00 Sensational Senses 4:00 Engage Activities
22 11:30 News & Views 1:45 Triple A - Fitness 2:30 Memory Lane - Olympics 3:00 Sensational Senses 4:00 Engage Activities	23 11:30 News & Views 1:45 Triple A - Fitness 2:30 Mind Benders - Olympic Trivia 3:00 Musical Moments 4:00 Engage Activities	24 11:00 Church Service - Ecumenical (Level 1) 11:30 News & Views 1:45 Triple A - Fitness 2:30 Olympic Games Craft 3:00 Men's Club 4:00 Engage Activities	25 11:30 News & Views 2:00 Out & About - Scenic Drive 3:15 Triple A - Fitness 3:45 Footy Tipping 4:00 Engage Activities	26 11:30 News & Views 1:30 Entertainer - Jenny and Garry 2:30 Happy Hour 3:30 Memory Lane - Olympics 4:00 Engage Activities	27 1:30 News & Views 2:00 Active Games 3:00 Musical Moments 4:00 Engage Activities	28 11:30 Songs of Praise 1:30 News & Views 3:00 Sensational Senses 4:00 Engage Activities
29 11:30 News & Views 1:45 Triple A - Fitness 2:30 Memory Lane 3:00 Sensational Senses 4:00 Engage Activities	30 11:30 News & Views 1:45 Triple A - Fitness 2:30 Bingo 3:00 French Music 4:00 Engage Activities	31 11:00 Church Service - Ecumenical (Level 1) 11:30 News & Views 1:45 Triple A - Fitness 2:30 Make & Create 4:00 Engage Activities				