

# OCTOBER 2024

01.10.24 06:53

### Key

★ Special Event

■ Event requires RSVP  
Advise your Activities Coordinator

+ Additional feature days

6 October: *International Grandparent's Day*



M Monday	T Tuesday	W Wednesday	T Thursday	F Friday	S Saturday	S Sunday
	<b>1</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Floor Bowls 1:30 Out & About - Bus Outing 2:00 Make & Create - Spring Creations 3:00 Room Visits	<b>2</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Church Service - Greeves 2:00 Musical Moments - Sing-Along with Lorraine 3:00 Outdoor Walk - Village Walk	<b>3</b> 2:00 Making Memories - Board Games 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Word Games	<b>4</b> 10:15 Catholic Church Service 10:45 News & Views 11:00 Triple A - Functional Fitness 11:30 This Day in History 2:30 Happy Hour- Joe Serra	<b>5</b>	<b>6</b> Daylight Saving begins + 8:00 Daylight Saving begins
<b>7</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Quiz & Trivia 1:30 Sensational Senses - Hand Pampers 3:00 Movie - Ginger in the Morning	<b>8</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Floor Bowls 1:30 Out & About - Bus Outing 2:00 Make & Create - Spring Carnival Creations 3:00 Room Visits	<b>9</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Church Service - Greeves 2:00 Musical Moments - Sing-Along with Lorraine 3:00 Outdoor Walk - Village Walk	<b>10</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Word games 2:00 Musical Moments - Pianist and Sing-along	<b>11</b> 10:15 Catholic Church Service 10:45 News & Views 11:00 Triple A - Functional Fitness 2:00 Happy Hour - Belmont Rhythmic Singers	<b>12</b>	<b>13</b>
<b>14</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Quiz & Trivia 1:30 Sensational Senses - Hand Pampers 3:00 Movie - Watership Down	<b>15</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Floor Bowls 1:30 Out & About - Bus Outing 2:00 Make & Create - Spring Carnival Creations 3:00 Room Visits	<b>16</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Church Service - Greeves 2:00 Musical Moments - Sing-Along with Lorraine 3:00 Outdoor Walk - Village Walk	<b>17</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Think Quick word games 2:00 Spiritual, Cultural & Wellbeing - Book Club	<b>18</b> 10:15 Triple A - Functional Fitness 10:30 News & Views - with Morning tea 11:00 Church Service - with Lynn 2:30 Happy Hour - Sue the Harpist	<b>19</b>	<b>20</b>
<b>21</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Quiz & Trivia 1:30 Sensational Senses - Hand Pampers 3:00 Movie - Grey Gardens	<b>22</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Floor Bowls 1:30 Out & About - Bus Outing 2:00 Make & Create - Painting 3:00 Room Visits	<b>23</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Church Service - Greeves 2:00 Musical Moments - Sing-Along with Lorraine 3:00 Outdoor Walk - Village Walk	<b>24</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Think Quick word games 2:00 Musical Moments - Pianist and Sing-along	<b>25</b> 10:15 Catholic Church Service 10:15 Triple A - Functional Fitness 10:45 News & Views 11:30 This Day in History 2:30 Happy Hour - Jenny & Garry	<b>26</b>	<b>27</b>
<b>28</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Quiz & Trivia 1:30 Sensational Senses - Hand Pampers 3:00 Movie - The Goodbye Girl	<b>29</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Floor Bowls 1:30 Out & About - Bus Outing 2:00 Make & Create - Spring Creations 3:00 Room Visits	<b>30</b> 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Church Service - Greeves 2:00 Musical Moments - Sing-Along with Lorraine 3:00 Outdoor Walk - Village Walk	<b>31</b> Halloween 10:15 Triple A - Functional Fitness 10:45 News & Views 11:00 Mind Benders - Word Games 2:00 Bingo - Fun in the Lounge			