

OCTOBER 2024

ACTIVITIES PROGRAMME

Independent Residents

Charles Brownlow Village

Week One

Tuesday 0	l October	
10:00 am	Triple A Circuit	Activity Room
l I:00 am	Triple A Functional	Activity Room
11:00 am	Outdoor Bowls - Social	Bowling Green
01:00 pm	Cards & Table Games - Canasta	Village Lounge
01:30 pm	Church Service	Village Lounge
02:30 pm	Village Choir - Xmas Performance Practice	Village Lounge
05:00 pm	Pop Up Shop - Jenkins Fish & Chips Van	Back staff carpark

Wednesda	ay 02 October	
09:00 am	Aqua Aerobics	Pool
01:00 pm	Out & About - Lunch at The Club House 🏲	Reception
01:30 pm	Pool/ Snooker - Billiards	Billiard Room
03:00 pm	Cards & Table Games - Quiddler	Activity Room or Back Lounge Room
07:00 pm	Rummikub	Dining Room

Thursday (3 October	
08:30 am	Online Art Class	Virtual Events
10:00 am	Triple A Circuit	Activity Room
11:00 am	Triple A Functional	Activity Room
01:00 pm	Mahjong	Activity Room
02:30 pm	Independent Residents Meeting	Movie Theatre
03:30 pm	Enhanced Activities Programme Focus Group	Movie Theatre
04:00 pm	Happy Hour	Village Bar
04:00 pm	Entertainer - Joy	Village Lounge
04:00 pm	Come Dance with Me	Village Lounge
05:00 pm	Village Host - Bar Open	Village Bar

Friday 04	October	
09:30 am	myRyman App Support	Activity Room
09:45 am	Shopping Trip - Coles 🏴	Reception
10:15 am	Shopping Trip - Woolworths 🏴	Reception
01:00 pm	Cards & Table Games	Village Lounge
04:00 pm	Mens Club - Happy Hour	Village Bar
04:30 pm	Village Host - Bar Open	Village Bar

Saturday	05 October	
01:30 pm	Rummikub	Activity Room
04:30 pm	Village Host - Bar Open	Village Bar

Sunday 06	6 October	
01:30 pm	Mahjong	Activity Room
01:30 pm	Outdoor Bowls - Social	Bowling Green
02:00 pm	Movie - Bridget Jones Baby	Movie Theatre
04:30 pm	Village Host - Bar Open	Village Bar

Week Two

Monday 0	7 October	
09:30 am	Yoga - Chair Based	Activity Room
09:30 am	Workshop - Woodwork	Resident Workshop
11:00 am	Table Tennis	Activity Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Workshop - Basic Skills Group	Resident Workshop
01:30 pm	Cards - 500	Library
03:00 pm	Bingo	Dining Room

Tuesday 08 October

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10:00 am	Triple A Circuit	Activity Room
I I:00 am	Triple A Functional	Activity Room
l I:00 am	Outdoor Bowls - Social	Bowling Green
01:00 pm	Cards & Table Games - Canasta	Village Lounge
02:30 pm	Village Choir - Xmas Performance Practice	Village Lounge

Wednesday 09 October

09:00 am	Aqua Aerobics	Pool
01:00 pm	Out & About - Shopping at Westfield 🕨	Reception
01:30 pm	Pool/ Snooker - Billiards	Billiard Room
03:00 pm	Cards & Table Games - Quiddler	Activity Room or Back Lounge Room
07:00 pm	Rummikub	Dining Room

Thursday	10 October	
10:00 am	Triple A Circuit	Activity Room
11:00 am	Triple A Functional	Activity Room

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

12:45 pm	Pop Up Shop - Jenkins Fish Van	Driveway of Villa 47 and 49
01:00 pm	Mahjong	Activity Room
01:30 pm	Memory Lane - Antique Roadshow	Dining Room
01:30 pm	Church Service - St Luke's Mid week service	Self Drive - 174 Barrabool Road
04:00 pm	Walking for Wellness - Village Celebration	Village Lounge
04:00 pm	Happy Hour	Village Bar
04:00 pm	Entertainer - Jenny and Garry	Village Lounge
04:00 pm	Come Dance with Me	Village Lounge
05:00 pm	Village Host - Bar Open	Village Bar

Friday II October

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09:30 am	myRyman App Support	Activity Room
09:45 am	Shopping Trip - Coles 🏲	Reception
10:00 am	Church Service - St John's Communion	Self Drive - 269 Roslyn Road
10:15 am	Shopping Trip - Woolworths 🏴	Reception
01:00 pm	Cards & Table Games	Village Lounge
04:30 pm	Village Host - Bar Open	Village Bar

Saturday 12 October		
09:00 am	External Event - Geelong Stamp and Coin Fair	Self Drive - 153 Pakington Street
01:30 pm	Rummikub	Activity Room
04:30 pm	Village Host - Bar Open	Village Bar

Sunday 13 October		
01:30 pm	Mahjong	Activity Room
01:30 pm	Outdoor Bowls - Social	Bowling Green
02:00 pm	Movie- Lion	Movie Theatre
04:30 pm	Village Host - Bar Open	Village Bar

Week Three

Monday 14 October		
09:30 am	Workshop - Woodwork	Resident Workshop
09:30 am	Yoga - Chair Based	Activity Room
11:00 am	Table Tennis	Activity Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Workshop - Basic Skills Group	Resident Workshop
01:30 pm	Cards - 500	Library

KEY: Featured Event. \$ - Paid events. - Need RSVP.

03:00 pm	Bingo
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Dining Room

Tuesday 15 October		
10:00 am	Triple A Circuit	Activity Room
l I:00 am	Triple A Functional	Activity Room
11:00 am	Outdoor Bowls - Social	Bowling Green
01:00 pm	Cards & Table Games - Canasta	Village Lounge
02:30 pm	Village Choir - Xmas Performance Practice	Village Lounge

Wednesday 16 October		
09:00 am	Aqua Aerobics	Pool
09:30 am	Tai Chi Class	Virtual Events
01:30 pm	Out & About - Songs to Remember at the Piano Bar 🏲	Reception
01:30 pm	Pool/ Snooker - Billiards	Billiard Room
03:00 pm	Cards & Table Games - Quiddler	Activity Room or Back Lounge Room
07:00 pm	Rummikub	Dining Room

Thursday 17 October		
10:00 am	Triple A Circuit	Activity Room
11:00 am	Triple A Functional	Activity Room
01:00 pm	Mahjong	Activity Room
04:00 pm	Happy Hour	Village Bar
04:00 pm	Entertainer - Don	Village Lounge
04:00 pm	Come Dance with Me	Village Lounge
05:00 pm	Village Host - Bar Open	Village Bar
06:00 pm	Fine Dining \$55.00 P	Dining Room

Friday 18 October		
09:30 am	myRyman App Support	Activity Room
09:45 am	Shopping Trip - Coles 🏴	Reception
10:15 am	Shopping Trip - Woolworths 🏲	Reception
01:00 pm	Cards & Table Games	Village Lounge
04:30 pm	Village Host - Bar Open	Village Bar

Saturday	Saturday 19 October	
01:30 pm	Rummikub	Activity Room
04:30 pm	Village Host - Bar Open	Village Bar

Sunday 20 October		
01:30 pm	Mahjong	Activity Room
01:30 pm	Outdoor Bowls - Social	Bowling Green
02:00 pm	Movie - The Ghost and Mrs. Muir	Movie Theatre
03:00 pm	External Event - Sunday Sounds Concert	Self Drive - 48 Waurnvale Drive, Belmont
04:30 pm	Village Host - Bar Open	Village Bar

Week Four

Monday 21 October		
09:30 am	Workshop - Woodwork	Resident Workshop
09:30 am	Yoga - Chair Based	Activity Room
11:00 am	Table Tennis	Activity Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Workshop - Basic Skills Group	Resident Workshop
01:30 pm	Cards - 500	Library
03:00 pm	Bingo	Dining Room

Tuesday 22 October		
10:00 am	Triple A Circuit	Activity Room
l I:00 am	Triple A Functional	Activity Room
11:00 am	Outdoor Bowls - Social	Bowling Green
01:00 pm	Cards & Table Games - Canasta	Village Lounge
02:30 pm	Village Choir - Xmas Performance Practice	Village Lounge

Wednesday 23 October		
09:00 am	Aqua Aerobics	Pool
01:00 pm	Out & About - Coffee & Chat at Geelong Botanic Gardens	Reception
01:30 pm	Pool/ Snooker - Billiards	Billiard Room
03:00 pm	Cards & Table Games - Quiddler	Activity Room or Back Lounge Room
07:00 pm	Rummikub	Dining Room

Thursday 24 October		
09:30 am	Mindfulness Workshop	Virtual Events
10:00 am	Triple A Circuit	Activity Room
11:00 am	Triple A Functional	Activity Room
I 2:45 pm	Pop Up Shop - Jenkins Fish Van	Driveway of Villa 47 and 49

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

01:00 pm	Mahjong	Activity Room
01:30 pm	Memory Lane - Antique Roadshow	Dining Room
04:00 pm	Entertainer - Bill and Deni	Village Lounge
04:00 pm	Happy Hour	Village Bar
04:00 pm	Come Dance with Me	Village Lounge
05:00 pm	Village Host - Bar Open	Village Bar

Friday 25 October

09:30 am	myRyman App Support	Activity Room
09:45 am	Shopping Trip - Coles 🏲	Reception
10:15 am	Shopping Trip - Woolworths 🏲	Reception
01:00 pm	Cards & Table Games	Village Lounge
04:30 pm	Village Host - Bar Open	Village Bar

Saturday 26 October		
01:30 pm	Rummikub	Activity Room
04:30 pm	Village Host - Bar Open	Village Bar

Sunday 27 October		
01:30 pm	Mahjong	Activity Room
01:30 pm	Outdoor Bowls - Social	Bowling Green
02:00 pm	Movie - Guarding Tess	Movie Theatre
04:30 pm	Village Host - Bar Open	Village Bar

Week Five

Monday 28 October		
09:30 am	Workshop - Woodwork	Resident Workshop
09:30 am	Yoga - Chair Based	Activity Room
I I:00 am	Table Tennis	Activity Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Workshop - Basic Skills Group	Resident Workshop
01:30 pm	Cards - 500	Library
03:00 pm	Bingo	Dining Room

Tuesday 29 October		
10:00 am	Triple A Circuit	Activity Room
11:00 am	Triple A Functional	Activity Room
11:00 am	Outdoor Bowls - Social	Bowling Green

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

01:00 pm	Cards & Table Games - Canasta	Village Lounge
02:30 pm	Village Choir - Xmas Performance Practice	Village Lounge

Wednesday 30 October		
09:00 am	Aqua Aerobics	Pool
01:00 pm	Out & About - Coastal Scenic Drive & Ice Cream 💻	Reception
01:30 pm	Pool/ Snooker - Billiards	Billiard Room
03:00 pm	Cards & Table Games - Quiddler	Activity Room or Back Lounge Room
07:00 pm	Rummikub	Dining Room

Thursday 31 October		
10:00 am	Triple A Circuit	Activity Room
11:00 am	Triple A Functional	Activity Room
01:00 pm	Mahjong	Activity Room
03:00 pm	Guest Speaker - Don McQueen	Village Lounge
04:00 pm	Happy Hour	Village Bar
04:00 pm	Come Dance with Me	Village Lounge
05:00 pm	Village Host - Bar Open	Village Bar

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